

## **Sepsis Event by Margo Briggs**

Dan Beckett has again taken the campaign to heighten awareness and reduce death from Sepsis to London. Members were invited to wave him off from Forth Valley Royal Hospital last Wednesday 2<sup>nd</sup> September.

Dr Beckett has involved our members in this patient safety initiative through membership of the Sepsis group and inviting members to World Sepsis Day, training sessions and helping at the issue of publicity materials in the foyer. There has been wider involvement of primary care and the Scottish Ambulance Service has also shared this priority.

Proud wearers of Red and White socks publicised the need for early identification and prompt treatment of Sepsis.

## **A Good Day at the Office by Jim Greenaway**

While carrying out a Catering survey in ward B23 I met a lady who was a Nursing sister in the Western Infirmary Glasgow. We had a very interesting chat about her past career, I said my goodbyes and left. The next week I had a similar situation in Ward B22 more or less the same scenario.

I asked the second lady if she happened to know a particular lady mentioning her by name, it so happened they had trained together, staffed together and were both Sisters at The Western Infirmary and had been close friends for many years. However, due to circumstances, they had lost contact.

I discussed the situation with the Charge Nurse in both wards and the friends were re united.

## **Radio Royal is Online! by John McGhee**

Jim Prentice from Radio Royal has let us know that the station is now broadcasting online thanks to NHS Forth Valley, who provided an initial year of funding for the project. Radio Royal can be found on the web at [www.radioroyal.org](http://www.radioroyal.org) where, as well as listening to broadcasts, there's a facility to make requests for friends and family in hospital.

## **Information Governance Workplan 2015-16 by John McGhee**

The new Workplan is now available, please contact either John or Helena for a copy.

## **Doing It Once for Scotland Conference by Margo Briggs.**

The Conference was hosted by National Services Scotland on 18th September 2015 and was facilitated by the Scottish Health Council. Helen Macguire, Shelia McGhee and Margo Biggs attended representing the PPP. The day focussed on public involvement and engagement by the NSS and the two keynote speeches stressed that "customers" were at the heart of everything they do. Christine Johnston of the Scottish Health Council looked at the examples of Engagement up and running OUR VOICE and SCOTLANDS NATIONAL CONVERSATIONS. The rest of the day was spent moving around the four workshops which were all interesting and relevant but one outstanding and one highly relevant to what we do as a PPP.

The Managed Clinical Network (MCN) workshop looked at work being done with children particularly those with challenging behaviour and complex health problems. Talking Mats were used to find out experience of services from Max and Work in school with making sure HIV children were adequately supported and not stigmatised. Family Days and sports opportunity for physically handicapped young people were successful. Hopefully involvement of members with our MCNs can offer many opportunities also. Health Protection Scotland presented on hand washing and travel clinics and we were able to outline the involvement of FV PPP in Domestic Audits and potential further involvement in Infection Control. The ISD Workshop outlined their work in compiling statistics and informing the public. The CFS Workshop looked at the impact of fraud on depriving patients of services and had recent examples from the press. Workshops were interactive and voting pads used there and in feedback sessions to enable the very diverse audience to participate more fully. A really interesting day.

## **Being a Managed Clinical Network (MCN) member by Margo Briggs**

In the piloting of Cabinet Portfolios, Lee and Margo met with Helena to discuss PPP involvement in MCNs with David Munro, MCN Manager. There will be an invitation going out to look at areas of MCNs you might be interested in being involved with. MCNs are active in areas such as neurological conditions where Sheila McGhee is involved in Neurological Voices, Stroke, Respiratory Conditions, Diabetes and Palliative Care those actually experiencing conditions would be the most valuable of all.

More information is on its way but in the meantime a few words on my experience as an MCN Palliative Care member.

I was invited to join and prepared for membership by Dr Elizabeth Ireland. Meetings over the years have taken place in Strathcarron Hospice and the Chair has been three months in post through its later years. Round the table over the years have been hospital and primary care clinicians, community Pharmacists, care home managers, local authority representatives, Marie Curie, Rachel House and many others. Over the time of my involvement the invaluable and award winning Palliative Care Manual has been produced and is currently being updated. Many other documents and initiatives have been taken forward after discussion. My only concern is the difficulty in involving actual patients though their opinion has been sought through survey work. A wonderful example of joint working and an inspiring group of people.

## **Update on the Arts and Well Being Steering Group by Helen Macguire.**

WEDNESDAY 9 SEPTEMBER 2015 – The Arts and Wellbeing Steering Group were invited to the opening of an art exhibition created with patients at Bellsdyke Hospital and artist Sharon Quigley. The title of the exhibition is 'Looking up at the Ceiling, Staring at the Stars' and was inspired by the Stirling Asylum Archive. Kathy O'Neill, General Manager, welcomed us to the event and paid tribute to the project participants.

This exhibition will be on display in FVRH's atrium until December 2015 and it is well worth visiting.

PPP/PPF members of the Arts and Wellbeing Steering Group who attended this event were – Meg de Amasi, Helen Macguire and David McLaren.

The project was commissioned and managed by Artlink Central in partnership with NHSFV and the University of Stirling. The photo below was taken at the exhibition, thanks to Anne Myles for taking it.



## **Update on the Annual Review by Helena Buckley.**

The Annual Review took place on 16th September 2015. This is when the Scottish Government visit to review NHS Forth Valley's performance over the past year and to hear feedback from patients, carers, members of the public and staff. There was a 'closed' morning session in which a small number of patients and their representatives met with representatives of the Cabinet Secretary to give their feedback on NHS Forth Valley which included Mary Miller and Evelyn Crosbie. The afternoon public session was well attended with nine members of the PPP attending as well as members of the Public Partnership Forum.

The NHS Forth Valley Patient Public Panel (PPP) celebrated its 10th anniversary in December 2014. It was established in 2004 as a means of ensuring that the perspectives of patients, carers and members of the public are at the heart of improving patient care and experience.

The group is made up of 33 volunteers who reflect a broad range of the population we serve.

Throughout the last year, the Panel's Steering Group has worked hard to develop a revised Terms of Reference, reflecting its evolution to align its focus closely to the outcomes of NHS Forth Valley's Local Development Plan. Particular areas of interest have included: long term conditions, productivity and efficiency, quality and innovation, patient safety and communications. The Panel

has introduced ongoing evaluation of its activities and publishes a monthly Diary of Involvement, quantifying the wide range of activities that its members are involved with and feeding back to all members updates on developments within over 40 areas of interest. The PPP has also piloted a qualitative evaluation tool: Evaluation that Empowers, as part of a PhD project at the University of Dundee.

The PPP has also established its own digital presence on the NHS Forth Valley website which has attracted positive feedback from other part of the NHS in the UK including:

'I am emailing to say what a great resource I found the webpage on your Patient Public Panel to be. I am creating a similar group at Oxford University Hospitals NHS Trust and have found the information very interesting. Although it is not part of my remit, I shared the story of the bereavement packs with the relevant people in my trust, who are very impressed and looking into taking the idea further.'

I simply wanted to give you this feedback so that you know your PPP is having a wider positive influence than just the local population. If there is any advice you would like to offer me on setting up my own group, or ideas for quality improvements tasks they could undertake, I would be very grateful.

Members of the PPP undertake regular checks alongside staff to monitor the cleanliness of all areas of Forth Valley Royal Hospital. They also regularly visit wards to interview patients about their satisfaction with catering, portering and house-keeping services.

The PPP has a very busy Task Group which provides comments and suggestions for a wide range of publications and has influenced a great many of these, both locally and nationally, over the past year.

Recent presentations to the PPP have included: The NHS Forth Valley Response to the Vale of Leven Hospital Inquiry Report, NHS Forth Valley Annual Report: Feedback, Comments, Concerns and Complaints 2014-15, Nursing Curriculum Development at the University of Stirling, Travel Planning and Car Parking and the work of Combat Stress, the Veterans' Mental Health Charity.

### **Thanks by Terence O'Byrne.**

Many thanks to those of you who have contributed to this first edition of our Newsletter. Keep the information coming please. I hope I have not missed anybody's news, let me know if I have. The deadline for the November edition will be Monday October 28<sup>th</sup>.