

Advice Following Scrotal Surgery



Specific Instructions

1. Avoid washing the wound area for 24 hours, thereafter you may have a bath/shower ensuring that you pat the area dry thoroughly. (Do not use talcum powder).
2. Wear tight fitting underpants for one week, day and night. This helps to support the area and can help to reduce swelling.
3. Dissolvable stitches are normally used, which may take 1-3 weeks to dissolve.
4. Avoid heavy exercise or lifting for one week.
5. You may develop some bruising, swelling or bleeding but contact your GP if you are concerned.
6. It is advised that you visit the Practice Nurse based at your Health Centre for a wound check should you have any concerns.
7. It is advisable to rest for 24-48 hours after discharge, as you may not feel up to doing very much.
Take the painkillers you have been given, and always follow the instructions on the pack.
8. Intercourse can be resumed when comfortable.

Follow up

You will receive a letter for your GP and a follow up clinic appointment, if required, prior to discharge.

If you require any **further advice or information**, please contact the staff at DAY SURGERY UNIT Telephone **01324 567537**.

If you have any **urgent concerns or emergencies**, please contact your GP, NHS 24 or present at the Emergency Department (A&E) Forth Valley Royal Hospital, Larbert.

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (24hrs), fax 01324 590867 or email FV-UHB.disabilitydepartment@nhs.net

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