

Advice on Driving and Alcohol Dependence

As you are aware, you have been diagnosed as suffering from alcohol dependence. We hope that the treatment helps you and you manage to achieve abstinence.

As the team looking after you, it is our duty to inform you about the DVLA guidance for someone who has suffered from your type of condition. It is recommended that **driving should cease pending the outcome of medical inquiry**. We would therefore recommend that you do not drive until you have been advised by the DVLA that you can resume.

In order to return to driving someone with your condition has to meet the following requirements:

- (a) To have remained free of alcohol for one year.
- (b) Have normal blood tests.
- (c) Be subject to a favourable specialist report.

The law requires you to tell the Driver and Vehicle Licensing Agency (DVLA) about your condition. If you are involved in an accident and it is found that your condition was a contributing factor, you may be prosecuted and your insurance may not be valid.

Further details on DVLA guidance is available in the Driving and Mental Health Problems leaflet, alternatively you can contact the DVLA directly.

Contact Information for DVLA

Phone number: 0300 790 6801

Address:

Drivers Customer Services (DCS) Correspondence Team

DVLA

Swansea

SA6 7JL

Website:

http://www.dft.gov.uk/dvla/medical/medical_drivers.aspx

We are happy to consider requests for this publication in other languages or formats such as large print or Braille.

Contact 01324 590870, Monday - Friday 8am to 5pm **Fax 01324 590867**
or email nhsfv-alternativeformats@nhs.net

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