

## Advice on Driving and Psychosis



As you are aware, you have been diagnosed as suffering from a psychotic episode. We hope that the treatment is helping you and you recover from your illness.

As the team looking after you, it is our duty to inform you about the DVLA guidance for someone who has suffered from your type of illness. It is recommended that **driving should cease pending the outcome of medical inquiry**. We would therefore recommend that you do not drive until you have been advised by the DVLA that you can resume.

In order to drive someone with your condition has to meet the following requirements:

- (a) To have remained well and stable for at least 3 months.
- (b) Have been compliant with treatment.
- (c) To be free from adverse effects of medication which would impair driving.
- (d) Be subject to a favourable specialist report.

The law requires you to tell the Driver and Vehicle Licensing Agency (DVLA) about your condition. If you are involved in an accident and it is found that your health condition was a contributing factor, you may be prosecuted and your insurance may not be valid.

Further details on DVLA guidance is available in the Driving and Mental Health Problems leaflet, alternatively you can contact the DVLA directly.

DVLA

**Phone number:** 0300 790 6801

**Address:**

Drivers Customer Services (DCS) Correspondence Team

DVLA

Swansea

SA6 7JL

**Website:**

[http://www.dft.gov.uk/dvla/medical/medical\\_drivers.aspx](http://www.dft.gov.uk/dvla/medical/medical_drivers.aspx)

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or email [nhsfv-alternativeformats@nhs.net](mailto:nhsfv-alternativeformats@nhs.net)

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