

Circumcision is a minor operation to remove the foreskin from the penis.

Every effort will be made to make your waiting time before surgery as brief as possible. However, delays are sometimes unavoidable due to unforeseen circumstances e.g. emergency surgery.

The Day Surgery Unit staff will inform you of any delays as soon as possible.

What to expect after your operation

You will be awakened in the theatre recovery area where the staff will check your blood pressure and pulse before returning you to the Day Surgery Unit to complete your recovery.

During your operation the surgeon will usually inject some local anaesthetic around the wound to help prevent immediate post-operative pain. This block may last for up to 6 hours.

You will also be given painkillers if required and will be given a supply of painkillers to take home.

After surgery you will be allowed to rest for a few hours and assuming there are no complications you will be allowed home the same day.

Your wound will have been stitched with absorbable stitches, which will dissolve by themselves. Any dressing which is around the wound will probably fall off the first time you go to the toilet.

If this remains in situ for 24 hours please soak in the bath and remove.

If for any reason you are requiring to stay in hospital overnight following your operation, a bed will be made available for you and we will inform your relatives at your request.

Once you are home

It is advisable to rest for 24-48 hours after discharge, as you may not feel up to doing very much. Take the painkillers you have been given, and always following the instructions on the pack.

You may notice some bruising and swelling around your wound. This is quite normal and will settle down in a few days. Wearing close fitting briefs will help ease any discomfort.

Contact the treatment room nurse at your Health Centre if you have any concerns regarding your wound.

Follow up

You will receive a letter for your GP and a follow-up appointment if required prior to discharge.

If you require any **further advice or information**, please contact the nursing staff at DAY SURGERY UNIT Telephone **01324 567537**.

If you have any **urgent concerns or emergencies**, please contact your GP, NHS 24 or present at the Emergency Department (A&E) Forth Valley Royal Hospital, Larbert.

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (24hrs), fax 01324 590867 or email FV-UHB.disabilitydepartment@nhs.net

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