

Cystoscopy NHS & Forth Valley Bouginage

A cystoscopy is a minor Urological operation, which involves the surgeon passing a fine camera/scope into your bladder. Sometimes during this procedure it is necessary to stretch the passage to the bladder, this is called **Bouginage**.

Every effort will be made to make your waiting time before surgery as brief as possible. However, delays are sometimes unavoidable due to unforeseen circumstances e.g. emergency surgery.

The Day Surgery Unit staff will inform you of any delays as soon as possible.

What to expect after your operation

You will be awakened in the theatre recovery area where the staff will check your blood pressure and pulse before returning you to the Day Surgery Unit to complete your recovery.

You will also be given painkillers if required and will be given a supply of painkillers to take home.

You will be encouraged to start drinking water as soon as possible after your operation to ensure that your bladder fills normally and that you can pass urine comfortably before you are discharged home.

After surgery you will be allowed to rest for a few hours and assuming there are no complications you will be allowed home the same day.

If for any reason you are requiring to stay in hospital overnight following your operation, a bed will be made available for you and we will inform your relatives at your request.

Once you are home

It is advisable to rest for 24-48 hours after discharge, as you may not feel up to doing very much.

Take the painkillers you have been given, and always follow the instructions on the pack.

Follow up

You will receive a letter for your GP and a follow-up appointment if required prior to discharge.

If you require any **further advice or information**, please contact the nursing staff at DAY SURGERY UNIT Telephone **01324 567537**.

If you have any **urgent concerns or emergencies**, please contact your GP, NHS 24 or present at the Emergency Department (A&E) Forth Valley Royal Hospital, Larbert.

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (24hrs), fax 01324 590867 or email FV-UHB.disabilitydepartment@nhs.net

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