

Dermatology Day Care Patch Test Information

Please find enclosed an appointment to attend for patch testing.

You will be required to attend for 3 visits:

MONDAY, WEDNESDAY and FRIDAY

On the first visit the nurse will apply patches to your back and secure them in place. If your back is particularly hairy between your shoulder blades, could you please shave this area 2 days before attending?

The testing does not involve needles or anything painful.

You should not sunbathe or use a sun lamp two weeks before testing.

You should not get your back wet from the Monday to the Friday - a shallow hip bath may be taken.

The final visit on the Friday requires a 15 minute appointment with the nurse to discuss any positive reactions you may have or simply to discuss your skin in general.

Information sheets for each positive reaction are available.

If you have any questions about your appointment you can phone the department 01786 434098 / 01324 566509.



We are happy to consider requests for this publication in other languages or formats such as large print.

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