

**NHS Forth Valley  
Endoscopy Department**

**Information following:**

# **Polyp Removal (Polypectomy)**

**Patient Information**

A decorative graphic at the bottom of the page consisting of two overlapping, stylized blue waves. The waves are light blue and have a soft, rounded appearance, creating a sense of movement and flow.

## Introduction

During your examination today you have undergone POLYPECTOMY. This means that a piece of tissue, often resembling the shape of a small mushroom, has been removed from your bowel.

This may/may not be sent away for microscopic examination. If so, once the results have come back to your consultant the results will be sent to your GP and arrangements will be made regarding further follow up if that is required. It can take up to 2 weeks for this to be notified to your GP.

## Bleeding

Following this procedure you may notice some bleeding and spotting of blood when you next open your bowels, or some smearing of blood on the toilet paper. This should subside over the next few days. However, bleeding can occur up to **2 weeks** after the procedure. If you suddenly lose a lot of fresh blood and you become faint, pale and sweaty, you should come up to A & E to be assessed. You may need to be admitted to hospital.

## Post Polypectomy Syndrome

If at any time when you leave the department you become unwell, feel “hot and cold”, feel as though your heart is racing, have severe tummy pains and feel sick, please also come to A & E for assessment. You may need to be admitted.

**If you have any questions or worried please call us on:-**

**THE FORTH VALLEY ROYAL HOSPITAL  
Endoscopy Unit  
(01324 567518) Mon – Fri 9am – 4pm**

## If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times. So if you are unable to attend or no longer require your hospital appointment please let us know so we can offer it to someone else.

**We are happy to consider requests for this publication in other languages or formats such as large print. Please call **01324 590886 (9-5)** to arrange this or email [fv.disabilitydepartment@nhs.scot](mailto:fv.disabilitydepartment@nhs.scot)**

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## SMOKING IS NOT PERMITTED ON NHS FORTH VALLEY PREMISES

This includes corridors, doorways, car parks and any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.



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