

L.L.E.T.Z. is a minor gynaecological operation carried out to excise a group of cells from the cervix for examination in the laboratory.

Every effort will be made to make your waiting time before surgery as brief as possible. However, delays are sometimes unavoidable due to unforeseen circumstances e.g. emergency surgery.

The Day Surgery Unit staff will inform you of any delays as soon as possible.

What to expect after your operation

You will be awakened in the theatre recovery area where the staff will check your blood pressure and pulse before returning you to the Day Surgery Unit to complete your recovery.

Some pain or discomfort after your operation is quite normal, and you will be given painkilling tablets for this.

After surgery you will be allowed to rest for a few hours and assuming there are no complications you will be allowed home the same day.

If for any reason you are requiring to stay in hospital overnight following your operation, a bed will be made available for you and we will inform your relatives at your request.

Once you are home

It is advisable to rest for 24-48 hours after discharge, as you may not feel up to doing very much. Take the painkillers you have been given, and always following the instructions on the pack.

You will have vaginal discharge or staining for up to 6 weeks after your procedure. Do not use tampons or have sexual intercourse during this time. Avoid swimming and sitting in hot baths to prevent possible infection. If the bleeding becomes heavy, you experience severe stomach pain, or if the discharge begins to smell offensive please seek advice from the ward or your GP.

Follow up

You will receive a letter for your GP and a follow-up appointment if required prior to discharge.

If you require any **further advice or information**, please contact the nursing staff at DAY SURGERY UNIT Telephone **01324 567537**.

If you have any **urgent concerns or emergencies**, please contact your GP, NHS 24 or present at the Emergency Department (A&E) Forth Valley Royal Hospital, Larbert.

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (24hrs), fax 01324 590867 or email FV-UHB.disabilitydepartment@nhs.net

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