

AlAnon/Alateen - Confidential Helpline—0207 403 0888

For friends, family and teenage children of alcoholics

Mon	8.00pm	Grahamston United Church, Bute Street Grahams Road, Falkirk FK2 7DH
Wed	8.00pm	Lornshill Academy, Tullibody Road, Alloa, FK10 2EU
Thur	10.45am	Methodist Church, Queen Street, Stirling FK8 1SL
Fri	8.00pm	Old Parish Church, Larbert Cross, Larbert, FK5 4AF

Cocaine Anonymous Helpline—0141 959 6363 Email:

info@casotland.org.uk www.casotland.org.uk

Tue	8.00-9.30pm	The Sub, Dawson Campus, David's Loan	<i>for cocaine, alcohol and all mood/ mind-</i>
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Gamblers Anonymous Helpline—0370 050 8881

www.gasotland.org

Tue	7.30pm	Old St Monans Parish Church Manse Place, Falkirk FK1 1JN	<i>opposite M & S</i>
Thur	7.30pm	Salvation Army, Main Street Stenhousemuir FK5 4HB	

Narcotics Anonymous Helpline—0300 999 1212

www.ukna.org.uk

Wed	7.30-9.00pm	Methodist Church, Queen Street, Stirling FK8 1SL	<i>"Face everything & recover" (Open Meeting, child friendly, wheelchair access)</i>
Fri	7.30-9.00pm	Salvation Army, 19 Drip Road, Raploch, Stirling FK8 1RA	

Families Anonymous Helpline—0845 1200 660

www.famanon.org.uk

SMART RECOVERY

Coming soon To a service near you!

Self Management and Recovery Training (SMART) welcomes everyone who wants to gain independence from any type of addictive behaviour. For further information contact: ann.mcarthur@nhs.net ☎ 01786 433297



MUTUAL AID/SELF HELP FOR SUBSTANCE RECOVERY IN FORTH VALLEY



If your alcohol or drug use has reached the point where it worries you, there are support organisations that are here to help.

If you want help, please see the details within this leaflet of available support across the Forth Valley area. Remember there are no fees or subscriptions for any of these services.

These services are open and welcoming to all.

Falkirk area—Alcoholics Anonymous

Bo'ness	Monday	8.00pm	Old Kirk Brae, Panbrae Road
	Friday	8.00pm	St Cathrine's Church, Cadzow Crescent
Carron	Monday	7.30pm	Free Kirk, Beaumont Drive
	Wednesday	2.00pm	Free Kirk, Beaumont Drive
Denny	Thursday	8.00pm	Baptist Church, Herbertshire Street
	Sunday	8.00pm	St Alexanders Church Hall, Stirling St
Falkirk	Monday	7.30pm	St Andrew's West Church, Upper Newmarket St
	Tuesday	8.00pm	St Andrew's West Church, Upper Newmarket St
	Wednesday	8.00pm	St Andrew's West Church, Upper Newmarket St
	Friday	10.30am	Falkirk Trinity Church <i>door locked – ring bell</i>
	Friday	8.00pm	(off High Street—opposite M&S) Falkirk Trinity Church Big Book
	Saturday	8.00pm	(off High Street—opposite M&S) Falkirk Trinity Church, <i>door locked – ring bell</i>
	Sunday	8.00pm	(off High Street—opposite M&S) Falkirk Trinity Church, <i>door locked – ring bell</i>
Grangemouth	Thursday	8.00pm	Swimming Pool Community Halls, Abbots Rd
	Saturday	10.00am	Swimming Pool Community Halls, Abbots Road
Larbert	Thursday	8.00pm	Old Parish Church, Larbert Cross
Stenhousemuir	Monday	8.00pm	Scout Hall, James Street, <i>door locked – ring bell</i>
	Friday	8.00pm	Larbert East Church

Clackmannanshire area—Alcoholics Anonymous

Alloa	Monday	8.00pm	Alloa Town Hall
	Thursday	10.15am	Alloa Town Hall
	Thursday	8.00pm	Health Education Room, CCHC, Hall Park, Sauchie
Menstrie	Thursday	7.30pm	Dumyat Community Centre, Main Street East
Tullibody	Wednesday	11.00am	Leisure Centre, Abercrombie Place
	Friday	8.00pm	Leisure Centre, Abercrombie Place
Bannockburn	Wednesday	8.00pm	St Ninians Church, Quakerfield Rd, Stirling
Bridge of Allan	Monday	8.00pm	Holy Trinity Church, Keir Street
	Friday	8.00pm	Kirk Hall, South Church Street
Camusbarron	Sunday	6-7pm	Community Centre, St Ninians Road,
Dunblane	Wednesday	8.00pm	Cathedral Church Hall
	Saturday	8.00pm	Cathedral Church Hall
Kilrin	Sunday	8.00pm	The Vestry, Church of Scotland, Main St
	Sunday	8.00pm	The Vestry, Church of Scotland, Main St <i>7.30pm in winter</i>
Stirling	Monday	12.30pm	Mayfield Centre, St Ninians
	Tuesday	2.00pm	Mayfield Centre, St Ninians
	Tuesday	8.00pm	Mayfield Centre, Queen Street
	Wednesday	7.30pm	Allan Park South Church, Dunbarton Road
	Thursday	8.00pm	Methodist Church, Queen Street
	Friday	1.30pm	Mayfield Centre, St Ninians
	Friday	8.00pm	Hillview Community Centre, 13 Cullenhove Place
	Saturday	11-12noon	Salvation Army, Drip Road, Raploch
	Saturday	6.30-7.30	Salvation Army, Drip Road, Raploch
	Sunday	8.00pm	St Marks Church, Drip Road, Raploch

Stirling area—Alcoholics Anonymous