



If you want them to be involved, your family, friends or carer can have input to this. If at any time you have any questions about your Joint Care Plan, or any aspects of your treatment, please contact your Consultant Psychiatrist or Key Worker (contact numbers are on page 4 of this leaflet). Your treatment and support will be regularly reviewed with you to ensure your agreed needs are being met at all times. When your mental health has improved, you will be supported to develop plans to maintain good mental health. You may be transferred back to the care of your GP, or perhaps to another support agency.

Treatment and Support

Your GP has referred you to mental health services where you will have a further assessment of your mental health. If it is agreed you need specialist treatment, it will be offered as part of an "integrated care pathway": This is sometimes referred to as an ICP. This will involve discussing your needs in detail and agreeing with you a Joint Care Plan which describes the best treatment and support for you and what you can expect from the mental health service.

Referral

Contact details:

Consultant Psychiatrist - Dr
 Contact number:
 Key Worker -
 Contact number:

If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times. So if you are unable to attend or no longer require your hospital appointment please let us know so we can offer it to someone else.

We are happy to consider requests for this publication in other languages or formats such as large print.

For other languages contact [01786 434784](tel:01786434784).
 For other formats contact [01324 590886](tel:01324590886), text [07990 690605](tel:07990690605), fax [01324 590867](tel:01324590867) or email fv-uhb.nhsfvalternativeformats@nhs.net

Smoking is Not Permitted on NHS Forth Valley Premises

This includes corridors, doorways, car parks and any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.



NHS Forth Valley Administration Offices
 Westburn Avenue, Falkirk FK1 5SU
 Tel: 01324 678598
 Fax: 01324 617421
www.nhsforthvalley.com



NHS Forth Valley

Your Care and Treatment in Mental Health Services.

This leaflet provides some information on how your care and treatment may be provided by Mental Health Services.



