

## Buggy Groups in Falkirk

### BUGGY GROUPS



#### **BONNYBRIDGE**

The Bonny Strollers buggy group has a walk led by the health visitors every **Friday afternoon at 1.15pm.**

This walk leaves from Bonnybridge Health Centre.

#### **POLMONT**

Polmont Buggy Group meets every **Monday, 12.30pm** at the Church Hall car park opposite the Greenpark Centre.

Walks are led by health visitors, lasting about 40 minutes. The group then returns to the hall to join a well organised mother and toddler group.

#### **DENNY**

The Denny and DuniPACERS buggy group leaves the Home-Start offices in Duke Street every **Friday at 10.30am.** For more information contact the Home-Start office on **01324-829444**

#### **HELIX WALK**

Helix Buggy Group meets every Monday at 1.15pm at the front of Falkirk Stadium