

# CAMHS



## Primary Mental Health Team

If you would like some advice about a child or young person's mental health you can telephone

the

# CAMHS PMHT Advice Line

on

## 01786 - 454546

## Mon-Thurs 9-4.30\*

## Fri 9-3.30\*

### Advice Line

The advice line offers advice. It is not a referral route and will therefore not accept referrals. You can discuss with our staff whether a referral to CAMHS might be appropriate and who would be the best person to make the referral. You can also request access to our resources or we might suggest signposting to another service.

The Advice Line is also not an emergency line. If you have immediate concerns about the mental health of any young person then it is important that you contact the young person's GP.

*\* If engaged aim to return your call within 1 hour. When you call please let staff know where you can be reached during this hour.*

(PMHT is a specialist early intervention team based within CAMHS)