

# Dementia Strategy



**2017-2020**

# Vision

This document sets out details of a three year strategy which aims to continually improve the care and experience of people with dementia across Forth Valley. It also describes how we plan to support patient's families and carers when accessing community health services or attending hospitals for treatment.





The term 'dementia' is used to describe a range of conditions which affect the brain, the person can experience progressive decline in multiple areas of function, this may include difficulties with memory, reasoning, communication skills and the ability to carry out daily activities. Dementia is progressive and there is no known cure.

It is estimated that there are 820,000 people living with dementia in the UK, and by the year 2021, the number of people with dementia will have reached 1 million.

The highest risk factor for dementia is age, predominantly affecting 5% of people aged 65 years and over and 20% of those aged over 80 years. Dementia however is not an inevitable part of ageing.

Around 17,000 people who have dementia are under the age of 65 and two out of three of people with dementia are supported at home by some of the 670,000 unpaid carers throughout the country.

As a result, dementia has been identified by the Scottish Government as a major priority and challenge.

This Scottish Government made dementia a national priority in 2007, set a national target on improving diagnosis rates in 2008 and published an initial three year National Dementia Strategy in 2010, underpinned by a rights-based approach to care, treatment and support.

In 2011, the Scottish Government published the Standards of Care for Dementia in Scotland as well as the Promoting Excellence framework which is a educational framework.

Scotland's second National Dementia Strategy 2013-2016 identified the need for dementia awareness to be improved in all local areas with a vision that all people with dementia and their carers should be supported to live well.

Scotland's third National Dementia Strategy 2017-2020 has 21 commitments and builds on progress over the last 10 years in transforming services and improving outcomes. There is a continued focus on post-diagnostic support, palliative care and maintaining the advances already achieved.



NHS Forth Valley is passionate about delivering safe, effective and person centre care for every member of the communities that we serve. We strive to consistently deliver high quality care that meets the needs of our patients, their families and carers.

It is estimated that there are 4,700 people currently living with dementia in NHS Forth Valley and with those figures set to increase over the next 30 years we need to equip our staff with the skills and knowledge to support people with dementia, their families and carers.

The time is now for us to act to come together as a whole community, accept our responsibility and play our part well.

This Strategy will drive the improvements that are needed within our organisation and provide structure to report successes and challenges. Ultimately this Strategy is owned by the patients and carers of NHS Forth Valley and progress will be shared and guided by them.

## What our Patients and Carers can Expect:

- Care that is designed around the persons' needs and includes the carer
- To be listened to and able to contribute and influence the planning and care with their relatives
- Hospitals that are safe for people with dementia in ward environments that make sense and are appropriate to patients' needs
- Systems in place so that every patient has equal access to services, including diagnosis
- Staff that care and understand the needs of people with dementia

# Shaping the Future

Earlier in 2016, NHS Forth Valley published 'Shaping the Future' our latest Healthcare Strategy which sets out the organisation's plans and priorities for the next five years from 2016 – 2021.

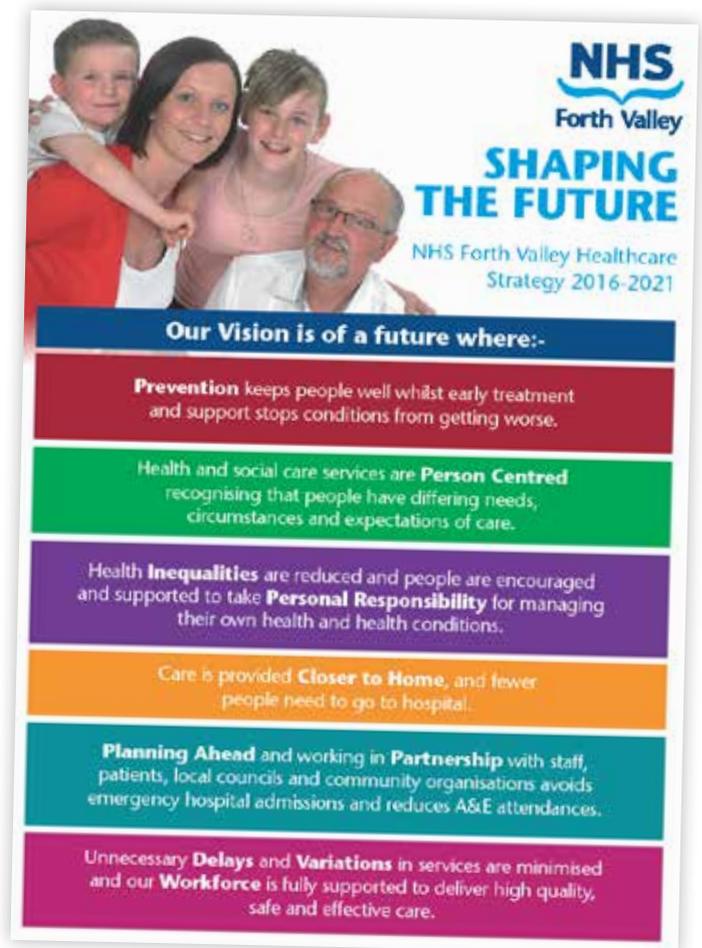
The Strategy was developed following a major review of clinical services across Forth Valley.

Widespread engagement was also undertaken to gather feedback, ideas and suggestions from local staff, patients, community groups and members of the public on how they would like to see healthcare delivered in the future.

Detailed work was also carried out to analyse trends in the size and age of our local population, forecast the prevalence of common diseases and long term conditions, such as dementia and estimate future demand for local services.

The Forth Valley population is ageing and more people are living longer, leading to a rise in the number of people with multiple illnesses. The population of Forth Valley is also growing in size and, along with the ageing population, this creates an increasing demand for healthcare, which the capacity of the current services may not be able to meet.

NHS Forth Valley has developed a Vision and these priorities will guide the development and delivery of our local health services across Forth Valley for the future.



NHS Forth Valley's Healthcare Strategy (2016-2021) supports people with dementia by identifying the need for enhancement of community based services as well as psychiatric liaison services for older adults in the hospital

In addition to the 'Shaping the Future' Strategy and Vision, the two local Health and Social Care Partnerships strategic plans will support the implementation of NHS Forth Valley's dementia strategy through their identified outcomes and priorities, which include:

## Clackmannanshire and Stirling Partnership

- Develop single care pathways
- Further develop anticipatory and planned care services
- Provide more single points of entry to services
- Develop seven-day access to appropriate services

## Falkirk Partnership

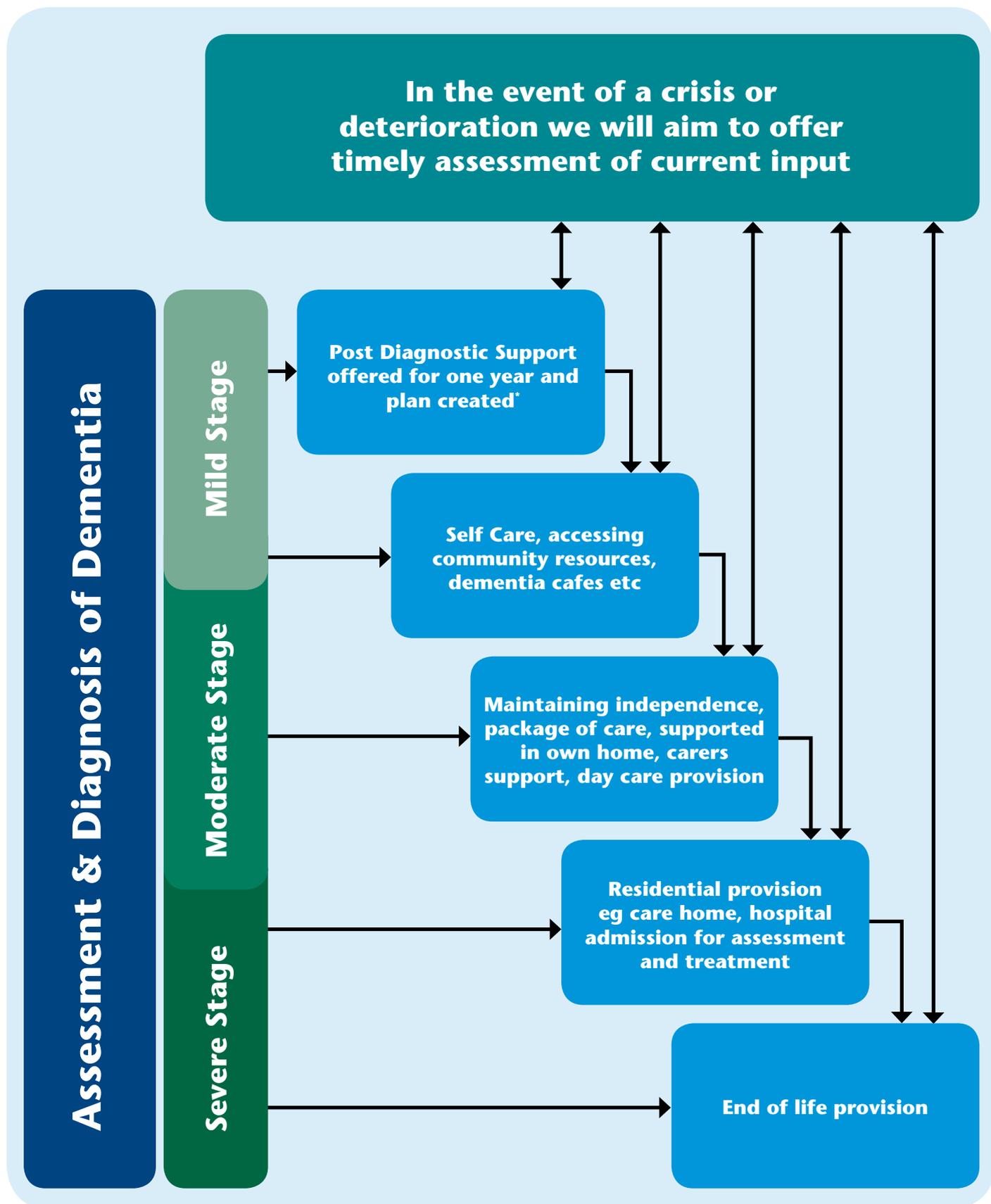
- Continue to develop the ways we support carers
- Develop one single shared assessment as standard across the partnership
- Continue to work across the partnership to ensure adults at risk of harm are supported and protected
- Continue to design community based models of care such as Closer to Home and Advice Line For You (ALFY)

By 2020 NHS Forth Valley will be a 'Dementia Friendly' community recognised as delivering safe, effective and person centred care for the population of Forth Valley

## NHS Forth Valley Shared Vision for People with Dementia



# Proposed Dementia Pathway



The above pathway will be co-ordinated by an appropriately trained professional from health, social care or a third sector organisation.

\*All patients with a new diagnosis will receive this regardless of the stage

