

Health and Social Care Integration



Briefing Update Autumn 2016

Our vision is to enable individuals within Partnership areas to live full and positive lives within supportive communities



Health and Social Care Partnership Briefing Update – Autumn 2016

Clackmannanshire and Stirling Health and Social Care Partnership

New Chief Social Work Officers Appointed



Marie Valente has been appointed as the new senior manager and Chief Social Work Officer for Stirling Council with a primary focus on Children's Services. Marie will provide the professional leadership for all social work services within the council. Marie began her career as a social worker in Glasgow where she gained experience working with people affected by drug and alcohol misuse and physical and sexual abuse. She then moved to South Lanarkshire Council where she had a focus on child

protection, before going on to work for NHS Greater Glasgow and Clyde at both Yorkhill and the new Queen Elizabeth University Hospital.

Celia Gray has joined Clackmannanshire Council as Head of Social Services and Chief Social Work Officer. Celia, whose role covers children's and adult services, was previously senior manager for Corporate Parenting at Glasgow City Council and before that was Senior Manager for Child Protection in Ayrshire. She qualified as a social worker 32 years ago and is the Co-chair of the Foster and Adoption Sub Group of Social Work Scotland.



Both Chief Social Work Officers have now joined the Clackmannanshire and Stirling Integration Joint Board.

Participation and Engagement

Following a workshop in August 2016, an action plan has been developed to implement the [Participation and Engagement Strategy](#). The plan has been submitted to the Strategic Planning Group (SPG) for comment before being submitted to the Integration Joint Board (IJB) for approval.



Development of Locality Plans

Locality Plans are currently being developed which will set out local priorities and actions for each of the three localities in Clackmannanshire and Stirling. The Plans will be informed by a number of existing reports (Strategic Plan, Needs Analysis and Locality Profiles) as well as feedback from local staff and GP engagement sessions. Once developed, further public engagement will be undertaken in February and March 2017 before the final plans are presented to the Strategic Planning Group and Integration Joint Board (IJB) for final approval, in May and June 2017.



Neighbourhood Models of Care

Work is underway to pilot a multi-disciplinary model of neighbourhood care in rural Stirlingshire, building on the work already underway with local communities in this area. A small project team have begun conversations about the shape of the local model and identify what success would look like for local residents. A draft project initiation document has been developed and discussion has taken place with Highland Council to seek their support for two sessions currently being planned for December 2016. The aim is to engage with the key staff, local health practitioners such as GPs and local stakeholders, drawing on the experience of Highland in establishing integrated health and social care services in a rural setting. This work will form part of the wider work to develop community based services within the rural Stirling locality. It will also link with plans to explore the future development of Strathendrick Care Home to improve access to local health and care services.

Falkirk Health and Social Care Partnership

Development of Local Delivery Plan

Work is ongoing to translate the Strategic Plan into an operational local delivery plan. This will ensure the Partnership focuses on what needs to be done to support **self-management**, ensure people are **safe** and provide **community-based support** to enhance wellbeing. It will also place **autonomy and decision making** and a **positive service user experience** at the centre of service redesign and development.

Work is being undertaken to identify key actions and outcomes for each of the three priority outcomes (self-management, safe and community based supports). This had included the development of high level frameworks (also known as logic models) which show the key activities required to achieve specific long term outcomes and illustrate how these activities relate to each other as well as support the national health and wellbeing outcomes.

Delayed Discharge Workshop

A workshop was held during the summer, with support from Health Improvement Scotland, to address the ongoing local challenges associated with delays in people being discharged from hospital when they are ready to leave. The workshop, which brought together a cross section of health, social care, third and Independent sector colleagues, identified a number of actions as well as a shared vision to work together across the whole system to improve outcomes for local people. Key actions include:

- Development of patient pathways using the frailty model and comprehensive geriatric assessment
- Introduction of Home is Best - a new Discharge to Assess Model which will ensure that people are assessed in their own homes as soon as they have been discharged from hospital and given tailored packages of care and support
- Review intermediate care capacity and explore options to retain Summerford House, a residential care home, which new intermediate facilities are developed

Whole System Approach



At the August 2016 meeting, the IJB approved recommendations to develop a strategic 'whole system' approach including a frailty pathway and a Discharge to Assess model. While many of the building blocks for this 'whole system' are already in place (including ALFY, Enhanced Community Teams, discharge hub, frailty clinic, social work assessments and care management teams) it was agreed that these services could be better aligned. The overall aim is to form a comprehensive and more cohesive range of support based on early assessment and intervention, reablement (tailored support to build confidence and help people to regain skills to live as independently and safely as possible), prevention of hospital admissions, shorter hospital stays, prompt hospital discharge and access to intermediate care (which provide alternatives to hospital admission as well as step-down care after a stay in hospital). A Change Programme is being developed to support the changes required to improve local outcomes. This will take account of the recommendations from the Delayed Discharges Workshop.

West Locality Pilot

Work is underway to pilot integrated arrangements within the Denny/Bonnybridge /Larbert / Stenhousemuir area (West Locality). This will provide an opportunity to develop and test local systems and new joint management arrangements across the local health and social care team in this area and the results will inform the development of integrated arrangements in the other two Falkirk localities.

Working with External Service Providers

A Market Facilitation Plan has been developed which outlines the current levels of demand and describes the need for a diverse range of affordable service providers to deliver good outcomes for local people. The plan, which was approved in August 2016, provides a basis for early engagement and consultation with a wide range of local providers on how best to respond. Discussions will now take place with a wide range of independent, charitable and third sector providers to develop a joint action plan which will help deliver the priorities and outcomes set out in the Strategic Plan.

Examples of Joint Working

Achieving Better Outcomes for Autism

Clackmannanshire and Stirling Councils were recently awarded a Gold Standard Award in the recent COSLA 2016 Excellence Awards for their work with NHS Forth Valley and other key partners to implement a new autism strategy.

More than 50 organisations and 100 professionals, service users, families and carers were involved in developing the new strategy which makes a commitment to improving the life outcomes for adults and children with autism. Widespread engagement was also undertaken to raise awareness of awareness of autism through a range of creative





and public events. These included art exhibitions, film screenings, musical productions and debates.

A number of innovative resources have also been developed to support the implementation of the new strategy including a new app to support individuals through transition, a new website with details of services and support and autism training programmes for professionals and parents. A short video about the Strategy can be found on YouTube <https://www.youtube.com/watch?v=E8sdpDUyAx0> or you can visit the new Forth Valley Autism website <http://autismforthvalley.co.uk/>

Supporting People with Dementia

Alzheimer Scotland is working in partnership with local Carers Centres and NHS Forth Valley to deliver an innovative 8 week programme of information and training sessions for local people who have been recently diagnosed with dementia and their carers.

Feedback from those who have taken attended is very positive with many participants saying the sessions have helped them feel more in control and less



isolated. Carers have also valued the opportunity to share their experiences and discuss concerns with others facing similar issues. The programme was initially developed with the Falkirk Carers Centre however similar programmes are now available at local carers centres in Stirling and Clackmannanshire. For more information please contact Alzheimer Scotland on 01324 559480.

Integration Joint Board Update

Clackmannanshire & Stirling Integration Joint Board

Councillor Donald Balsillie and Councillor Kathleen Martin have stepped down and Councillor Robert McGill and Councillor Graham Watt have joined the Board. Full details of the Board membership, meeting dates, reports and annual accounts can be found at <http://nhsforthvalley.com/about-us/health-and-social-care-integration/clackmannanshire-and-stirling>

Falkirk Integration Joint Board

Full details of the Board membership, meeting dates, reports and financial accounts can be found at <http://nhsforthvalley.com/about-us/health-and-social-care-integration/falkirk>

Creating Capacity to Care Challenges

Two new challenges have recently been launched to give local health and social care teams across Forth Valley the opportunity to make changes which will free up valuable appointment time, create extra capacity to care and reduce pressure on frontline services. The challenges will run until the end of March 2017. To find out more and details of how to register - email FV-UHB.capacitytocare1@nhs.net or phone 01324 566720.

Further Information If you would like further information on any of the items highlighted in this update please email CS.Integration@nhs.net (Clackmannanshire and Stirling HSCP) or integration@falkirk.gov.uk (Falkirk HSCP).