

It is important to emphasise the need for the patient to phone the surgical secretary on 01324 566941 between 9.00am-5.00pm one week after referral to arrange the date for surgery. If this is not done, no appointment can be arranged. The phone number is in the patient leaflet.

You can obtain the service of an interpreter or have this document translated in your own language by contacting the interpreting services on 0845 130 1170. These services are available free of charge.

ਤੁਸੀਂ, 0845 130 1170 ਤੇ ਦੁਬਾਰੀਆ ਸੇਵਾਵਾਂ (interpreting services) ਨੂੰ ਸੰਪਰਕ ਕਰਕੇ ਇਕ ਦੁਬਾਰੀਏ ਦੀ ਸੇਵਾ ਜਾਂ ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਆਪਣੀ ਬੋਲੀ ਵਿਚ ਅਨੁਵਾਦ ਲੈ ਸਕਦੇ ਹੋ। ਇਹ ਸੇਵਾਵਾਂ ਮੁਫਤ ਹਨ।

آپ 0845 130 1170 پر انٹریپرٹنگ سروس سے رابطہ کر کے کسی مترجم کی خدمات حاصل کر سکتے ہیں یا اس دستاویز کا ترجمہ اپنی زبان میں کرا سکتے ہیں۔ یہ خدمات مفت دستیاب ہے۔

您可以通過撥打翻譯服務熱線 0845 130 1170 取得翻譯員服務或得到此文件的翻譯版本。 這些服務都是免費的。

Galite prasyti vertejo paslaugu arba gauti sita dokumenta isversta I jusu kalba kreipdamiesi I musu vertimo paslaugu biura skambindami 0845 130 1170. Sitos paslaugos yra nemokamos.

يمكنك الحصول على خدمة الترجمة الفورية أو القيام بترجمة هذه الوثيقة إلى لغتك الأصلية عن طريق الإتصال بخدمات الترجمة الفورية على رقم 0845 130 1170. هذه الخدمات متاحة مجاناً بدون أى مقابل مادي.

Dzwoniąc do biura tłumaczeń pod numer 0845 130 1170 możecie Państwo prosić o tłumacza albo otrzymać ten dokument przetłumaczony na wasz język ojczysty. Powyżej wymienione usługi są darmowe.

If you, or someone you know, would like this in an alternative format, such as audiotape or large print then please phone us free on **0800 456033**, fax your request to **01786 470984** or email us at **FV-UHB.yourhealthservice.nhs.net**

NHS Forth Valley
One Stop Hernia Service

Pathways for the Surgical Management of Hernias in Forth Valley

GP Referral Guidelines
January 2011



Pathways for the Surgical Management of Hernias in Forth Valley

There are two pathways for the surgical management of hernias:-

1. Direct access hernia repair under local anaesthetic
2. Direct access hernia repair under general anaesthetic

Direct Access Hernia Repair Under Local Anaesthetic

Repair under Local Anaesthetic is suitable for inguinal, umbilical, paraumbilical, epigastric and femoral hernias.

It is also suitable for port hernias (from a laparoscopy wound) and Spigelian hernias (lateral to the rectus muscle).

It is the preferred management method, as long as the following conditions are met:-

1. The patient should **not be on Aspirin, Warfarin, Heparin or Clopidogrel** or any blood thinning medication

2. The patient must be willing to have the operation under local anaesthesia
3. The patient must have a responsible adult to take them home and if possible stay with them for the night
4. The patient should not be grossly obese
5. The patient should be able to lie flat on their back for about 30-45 minutes
6. The patient should have no known allergy to Xylocaine or Bupivocaine

No anaesthetic risk grading is necessary, indeed, for more unfit patients local anaesthesia is the preferred method of surgery. Insulin dependent diabetes, cardiac or respiratory problems or any other illnesses are not a restricting factor, as long as the above criteria are met.

Standard Hernia Repair Under General Anaesthetic

Repair under General Anaesthetic is suitable for

- Inguinoscrotal hernias (which need a GA as extensive surgery may be required)
- Recurrent hernias (which are done laparoscopically)
- Bilateral hernias (which are done laparoscopically)
- Incisional hernias (unless small)

- Those who opt not to have the operation under local anaesthetic
- Uncertainty re hernia

If the patient requires a hernia repair under GA, these patients should be referred to the general surgical clinic using SCI Gateway referral system.

Referral

Referral is made using SCI Gateway.

The patient should be given a copy of the patient information leaflet for hernia repair under local anaesthetic or if following local anaesthetic pathway.