

## **Pilot Set to Continue – Margo Biggs**

The One to One Project is set to remain providing support to those patients most needing it. Funding is being provided by Forth Valley Health Board and the Macmillan support continues. Forth Valley is one of the only three projects in the UK to survive due to its structure and the support system it provides. The diagnosis of cancer is devastating enough to cope with on its own without the surrounding worries on family, employment, money and a whole range of social and emotional problems. The One To One Team provides practical support and solutions and the Case Studies delivered in our meetings illustrate this in an unforgettable way. Thank you on behalf of patients to the team and to the Board for making its continuation possible.

## **Not A Dry Eye in the House. – Margo Biggs**

Following on from last month's article by Evelyn Finnie on her work as a volunteer in Ward 21 the Person Centred Steering Group featured a presentation from the Charge Nurse on the stimulation provided for patients there and in B22

A presentation was made to the Person Centred Healthcare Steering Group on the work going on to stimulate the patients in Wards B 21 and B 22. As well as making the surroundings as homely as possible with floral blinds and other touches, resources are sent in to encourage reminiscence including boxes from Callendar House on different themes.

It was Nicola's account of particular patients which were so moving.

A lady and gentleman who had been boyfriend and girlfriend many years ago had both been admitted to the dementia unit. The gentleman clearly remembered her and could describe what she had been wearing on their first date to the cinema.

They had sat holding hands and were both much more settled in their surroundings. Another touching account was given of a patient given a lifelike baby doll who was transported back to her nurturing days and who fed and changed her baby happily each day. The work of volunteers is valued and opportunities will be expanded. Several members have been involved and hopefully more can be in this valuable care of those with dementia in Forth Valley Royal and support of relatives also.

## **Collaborative Psychosocial Cancer Care Stakeholder Event – Margo Biggs**

Christina MacNeil and I were invited with other members of the PPI group to look at ways of optimising person centred outcomes by streamlining psycho-social support along the cancer pathways. The proposed objectives of the day were:

1. To raise awareness of existing services
2. To explore options for collaboration that will maximise effective use of resources
3. To inform a local directory of services specifically for people affected by cancer
4. To develop an action plan for continued integrative review of support services

There were presentations by Dr Susie Porteous and by Sandra Campbell on the national and regional picture of collaborative psychosocial care and person centred care matters in Forth Valley respectively. We then broke into groups to consider the pathways and then to look at how to enhance collaboration.

The event was attended by a wide range of those involved in the provision of care and included the new Maggies, Strathcarron Counselling Services, Macmillan and the West of Scotland Cancer Network as well as the professional nursing groups providing care. For example, the One to One service and Carer services. Challenges obviously were headed up by Funding issues but there was wide ranging discussion on working less in competition and more co-operatively. Thoughts were summed up at the end. A good and worthwhile afternoon spent.

## **Forth Valley Single Point of Access Workshop – Carol Allardyce**

Led by Bette Locke, Strategic Lead.

This interactive workshop was attended by representatives of a wide range of stakeholders with a particular interest in how Integrated Care will be progressed.

The aims of the Workshop were given as

- to develop a shared understanding of the current situation to a 'Single Point of Access' for Health and Social Care services in the Forth Valley area
- to develop a shared vision of our aspirations and the principles that are important to us in agreeing a model for a Single Point of Access
- to explore the practicalities of implementing a Single Point of Access model (including risks and benefits)
- to gain consensus on a preferred model for A Single Point of Access, taking into account our aspirations and practicalities involved.'

We were divided into groups with each group having a range of representation. After each task we would be pulled together to reach consensus. There were occasional short presentations interspersed.

We discussed our understanding of A Single Point of Access from public and professional viewpoints. Also current situation as well as drivers and challenges. Drivers included the Clinical Services Review and the Falkirk and Clacks/Stirling Strategic Plans.

We moved on to what the ideal 'blue sky' picture would be. The issue and importance of Communication came up often, as did the good work of the Alfie Project. We studied possible scenarios for implementing a Single Point of Access to identify benefits and risks, as well as any missing options.

One group started to develop an option incorporating the best of given options. This was accepted by the whole group as the basis for First Steps for a Way Forward, addressing our ideal vision.

This model is to be put forward for developmental work. Ms Locke invited attendees to submit their names should they wish to be involved in the developmental work.

This was a well-structured workshop that achieved a great deal in three hours.

### **PPP MEMBER, IN THE SPOTLIGHT – John McGhee**

Below is a list of questions that members can choose from. The detail will be published in PPP News. If you want to do this then please send your answers to John who will co-ordinate.

*Please answer at least 6 in a couple of sentences each.*

How did you come to join the PPP?

...

What was "Life before the PPP"?

...

What are your Hobbies?

...

What makes you feel good?

...

Funniest experience?

...

Are you musical – or tone deaf?

...

Film choice – drama or romance?

...

What is your happiest memory?

...

Would you describe yourself as a follower or a leader?

...

What might people not know about you?

...

What are you looking forward to?

...

If you had one wish ...?

...

### **Notes from the full PPP Meeting – 18 April 2016 – Helen Macguire**

As it had not been possible to have the Cabinet Portfolios and the Way Forward Workshop at our last meeting, today we devoted most of our time to this. It was much appreciated that Mrs Morag McLaren, Head of NHSFV Organisational Development, had offered to facilitate this workshop.

Some time was spent discussing the 3 questions that members had been asked to think about before attending today's workshop. In the end, there seemed to be an overall feeling that we continue as we are until it is known how the Acute services will be affected by the Clinical Review.

Additionally, members expressed the wish for more information about the Health and Social Care Partnerships and how links could be set up here.

It was also suggested that the PPP should be looking at ways of attracting younger members.

Morag closed the session by saying she would get back to us with a write-up of today's workshop in due course.

There was a short time left for updates from the various PPP groups and Helena agreed to follow up these action points:

Updates that are not on PPP webpage

Participation Request Form re the Catheter Associated Urinary Tract Infections Working Group

The next meeting of the full PPP will be on Monday 20 June 2016 and Mark Craske will be attending to update us on Car Parking and Transport issues.

### **Clackmannanshire and Stirling Health and Social Care Partnership**

#### **Strategic Planning Group – Helen Macguire**

There was a meeting of the Clacks and Stirling H&SC Strategic Planning Group on Thursday 21 April 2016 at Forth Valley College, Stirling. Those present from the PPP were Eileen Wallace, Sheila McGhee and myself .

One agenda item concerned an Audit Scotland paper entitled Changing Models of Health and Social Care, which is available on-line. It assesses how NHS Boards, Councils and Partnerships might deliver

services differently in the future. It also highlights examples of some of the new approaches to providing health and social care and the challenges of delivering change.

A Workshop followed the Business Meeting, and looked at the strategic priorities and choices to be made by the Health and Social Care Partnerships.

As mentioned in the March PPP News, the H&SC Clacks and Stirling Strategic Planning Group feeds into the H&SC Clacks and Stirling Integration Joint Board. (There is a similar arrangement in Falkirk where PPP members Evelyn Crosbie and Margo Biggs have links)

### **NHSFV Arts and Wellbeing Steering Group – Helen Macguire**

There was a meeting of the Arts and Wellbeing Steering Group at FVRH on Wednesday 27 April 2016. David McLaren, PPP rep, chaired the meeting and Evelyn Crosbie and myself were present to represent Falkirk and Clacks PPFs respectively.

For some time now there has been concern at the lack of ownership of AWSG. Originally, it reported to the Charitable Development Group, but this group no longer exists. The work carried out by the Arts Co-ordinator throughout the Acute and Community hospitals is of great value to patients. In the Person Centred Health Care Strategy mention is made of the Arts and Wellbeing Strategy supporting the person centred care agenda to ensure there is consistency of message and vision. Further efforts are to be made to clarify this Group's position.

### **Public Partnership Forum meetings - Every Voice counts**

NHS Forth Valley is committed to engaging patients/service users, their families and carers, members of the community and local organisations in the planning, development and monitoring of our services.

Attending our public meetings will support us in hearing the views, opinions and concerns of the community we serve, including those who are seldom heard.

Involving the community is important, because it assists NHS Forth Valley in making decisions and shaping services to meet the needs and preferences of those who use the services.

It also gives us an opportunity to inform you about the work happening in the NHS both locally and nationally.

We are aware that some of our diverse communities don't attend these meetings. Your voice and opinion do matter. The dates of the next few meetings and topics to be discussed are as follows:-

**FALKIRK – Venue for EACH event : Council Chambers, Municipal Buildings, Falkirk. Time for Each event : 6.30pm (Tea, Coffee) 7.00pm – 9.00pm**

| <b>Date</b>                     | <b>TOPIC</b>  |
|---------------------------------|---|
| 7 June 2016                     | Closer to Home/Advice Line for You (ALFY) Project and also Carer Engagement around Health and Social Care Integration     |
| 13 <sup>th</sup> September 2016 | Frailty Unit and Discharge Lounge – Forth Valley Royal Hospital and also Scottish Ambulance Service – Update on Services. |
| 15 <sup>th</sup> November 2016  | Update on Health and Social Care Integration and also Development of Equality Outcomes 2017 – 2021                        |

**STIRLING – Venue for each event : Lecture Theatre, Stirling Community Hospital, Stirling. Time for EACH event : 6.30pm (Tea, Coffee) 7.00pm–9.00pm**

| <b>Date</b>                     | <b>TOPIC</b>  |
|---------------------------------|---|
| 22 June 2016                    | Closer to Home/Advice Line for You (ALFY) Project and also Carer Engagement around Health and Social Care Integration     |
| 21 <sup>st</sup> September 2016 | Frailty Unit and Discharge Lounge – Forth Valley Royal Hospital and also Scottish Ambulance Service – Update on Services. |
| 23 <sup>rd</sup> November 2016  | Update on Health and Social Care Integration and also Development of Equality Outcomes 2017 – 2021                        |

**CLACKMANNANSHIRE – Venue for each event : Sauchie Hall, Mar Street, Sauchie. Clackmannanshire. Time for EACH event : 6.30pm (Tea, Coffee) 7.00pm – 9.00pm**

| <b>Date</b>       | <b>TOPIC</b>  |
|-------------------|---|
| 15 June 2016      | Closer to Home/Advice Line for You (ALFY) Project and also Carer Engagement around Health and Social Care Integration     |
| 28 September 2016 | Frailty Unit and Discharge Lounge – Forth Valley Royal Hospital and also Scottish Ambulance Service – Update on Services. |
| 30 November 2016  | Update on Health and Social Care Integration and also Development of Equality Outcomes 2017 – 2021                        |

**Please do come along and meet us, the more the merrier !!**