

SPEECH AND LANGUAGE THERAPY

Please do not hesitate to contact us prior to your appointment to discuss your attendance at the session, if you have any questions or if you are unable to attend.

Speech & Language Therapy
Department
NHS Forth Valley
Forth Valley Royal Hospital
Larbert
FK5 4WR
Tel: 01324 566591

DIRECTIONS TO VOICE INFORMATION SESSION

Directions to Speech and Language Therapy department in FVRH

Enter the hospital through the main entrance.

Walk past the shops.

Go through the automatic doors and continue past the seating area.

Straight ahead are doors with a **large letter A** on the wall. This is the **Therapy Area**.

Go through the next set of doors and take a seat in the waiting room.

A speech therapist will come and collect you.

If you get lost - go to the Reception at the main entrance and ask them to telephone the speech therapy department on extension 66591.

Speech and Language
Therapy Department

Voice Information Session



BACKGROUND

You have been referred to the Speech and Language Therapy Department by your ENT Consultant to help you with your voice.

WHAT IS THE VOICE INFORMATION SESSION?

The Voice Information Session is run by Speech and Language Therapy and provides an opportunity to gain information, understanding and advice about your voice.

WHAT IS A SPEECH AND LANGUAGE THERAPIST?

Speech and Language Therapists specialise in all aspects of communication, voice and swallowing difficulties. We offer a specialist service for the assessment and treatment of a wide variety of voice problems including vocal strain, hoarseness and discomfort.

WHY ATTEND THE VOICE INFORMATION SESSION

- To learn about how your voice works.
- To learn how best to look after your voice.
- To meet others in a similar situation in an informal environment.
- To discuss your participation in further individual voice therapy.

HOW LONG WILL THE APPOINTMENT TAKE?

The session lasts approximately one hour depending on group size.

There will be the opportunity to ask questions throughout the session, to discuss your voice and to agree future therapy plans with a Speech & Language Therapist. Following the information session you will be seen for a brief one-to-one session with a Speech & Language Therapist.

Please allow up to 2 hours for this initial appointment.

If appropriate an appointment for therapy will be offered as soon as possible.