

Podiatry: CARE HOMES SERVICE

**Patient Information Leaflet
Department of Podiatry**



About Podiatry

Podiatry is the management of problems of the foot and lower leg. It is a medical service offering care to those who have specific Podiatry problems. All NHS Podiatrists are registered with the Health Professions and Care Council.

The Podiatrist does not provide simple foot care such as toenail cutting as this is classed as personal footcare. More information is available from the Scottish Government guidelines on personal footcare www.lookafteryourfeet.info

Podiatry Assessment

When you are referred to the Podiatrist an assessment will be carried out.

This involves the following:

- Taking a medical history
- Recording the medication that you take.
- Assessing your circulation.
- Looking for any foot problems

This information enables the Podiatrist to determine whether podiatric treatment is required.

Personal Foot care

Some people have no foot problems and require personal foot care.

If you fall into this category the Podiatrist will explain this to you and will advise the care home staff that you do not require any further treatment.

Carers in your care home have been trained in foot health and personal care.

If you develop a foot problem or your medical status changes the Care home staff will refer you to the Podiatrist for another assessment.

How to contact us:

The Care Homes Podiatrist

AHP Outpatients Services – Podiatry

Top Floor, Clackmannanshire Community

Health Care Centre,

Hall Park, Sauchie. FK10 3JQ.

Tel: 01259 290511

We are happy to consider requests for this publication in other languages or formats such as large print.

Please call **01324 590886 (24hrs)**,
fax **01324 590867** or email disability.department@nhs.net

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If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times.

So if you are unable to attend, or no longer require your hospital appointment, please let us know so we can offer it to someone else.

SMOKING IS NOT PERMITTED ON NHS FORTH VALLEY PREMISES

This includes corridors, doorways, car parks & any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.

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