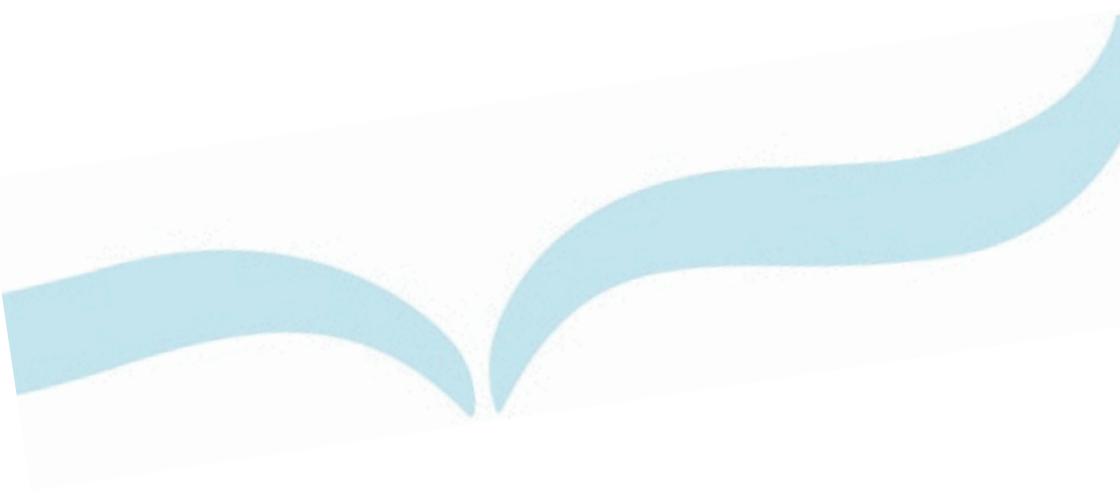


NHS Forth Valley
Podiatry Service

Electrosurgery

Patient Information



What is Electrosurgery?

Electrosurgery consists of pulses of radio frequency current which when used on low power creates the effect of dessication on tissue.

Dessication is a slow drying out of the tissues.

Before attending

Could you please insure the calf of the leg you are having the operation on is clean shaven.

Please remove all jewellery and body piercings.

Please inform the Podiatrist if you have a pacemaker, joint replacements or metal pins inserted.

What to bring with you

Please bring open toed sandals or shoes as you will have a bulky dressing on your foot.

Please bring a list of any tablets / medication that you take. If you have, please bring your inhalers for asthma or spray for angina.

You do not need to fast for this surgery.

How long will it take?

Your appointment will last between 45–60 minutes .We advise you not to drive for a few hours after the surgery

and therefore suggest that you arrange transport home prior to the electrosurgery appointment.

Will it be painful?

Some people find the local analgesic slightly uncomfortable. Your foot will be numb during the operation so you will not feel any pain. The analgesic will take a few hours to wear off. **Normal doses of your usual painkiller are generally sufficient to reduce the discomfort, eg. Paracetamol.**

Will I need to take time off work after the operation?

We advise everyone to rest the foot over the first 2–3days after the surgery.

Any Questions?

If you have any questions about Electrosurgery or your appointment that haven't been answered by this leaflet, please call:

AHP Outpatients Services – Podiatry

Top Floor, Clackmannanshire Community Health Care Centre,
Hall Park, Sauchie. FK10 3JQ. **Tel: 01259 290511**

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (24hrs), fax 01324 590867 or email disability.department@nhs.net

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If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times.

So, if you are unable to attend or no longer require your hospital appointment, please let us know so we can offer it to someone else.

SMOKING IS NOT PERMITTED ON NHS FORTH VALLEY PREMISES

This includes corridors, doorways, car parks & any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.

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