

What you need
to know about
The Implant





The implant is a small rod that a woman can have in her arm to cut her chances of having a baby. It is called a contraceptive.



The implant is placed under your skin in the top of your arm. It will be on the inside and will not be seen. You might feel it but once it is in it shouldn't be sore.



It will be fitted by a doctor or nurse. You will have a local anaesthetic to stop it hurting when it is being fitted. It will only take a few minutes to put in. There might be some bruising around the area and you will have a dressing on for 2 or 3 days.



If you want to have the implant removed you must go back to the clinic and get a doctor or nurse to remove it. Do not try and remove it yourself!
The implant can last for up to 3 years.



Your periods will probably change when you have the implant in. Some women have no periods others have heavier periods. Remember to speak to your doctor if you are worried.



The implant can't protect you from infections - condoms can. It is a good idea to use a condom.



You can get condoms free from Sexual Health Clinics in Forth Valley.

01786 433697 is the main number to call for local clinic times.

Remember that it is your choice if you want to have sex or not.
You should never have sex if you don't want to.