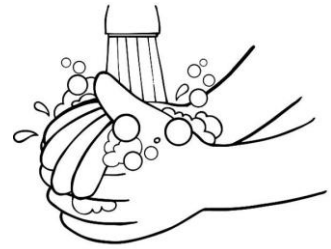
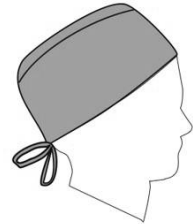


# Donning FFP3 Personal Protective Equipment

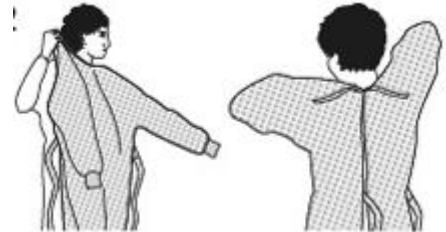
**Step 1: Perform hand hygiene**



**Step 2: Don surgical cap**



**Step 3: Don disposable surgical gown**



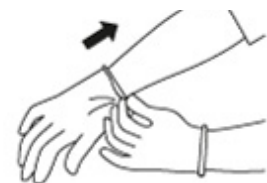
**Step 4: Don FFP3 respirator**



**Step 5: Don Eye protection**



**Step 6: Don gloves**



**You are now ready to enter patient's room**

Created 26/03/2020

Dr Richard Newman (Anaesthetic trainee), Dr Robyn Anderson (Clinical Teaching Fellow, Anaesthetics) and Dr Julie Doverty (Simulation Fellow, Anaesthetics)

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# Doffing FFP3 Personal Protective Equipment

## Step 1: Remove gloves

- Remember outside contaminated
- Dispose in clinical waste bin



## Step 2: Clean hands with alcohol gel/rub

## Step 3: Remove Surgical gown

- undo neck tie and waste tie
- pull gown down from neck and shoulders touching only the inside



## Step 4: Remove eye protection



## Step 5: Leave room wearing FFP3 respirator

## Step 6: Clean hands with alcohol gel/rub



## Step 7: Carefully remove FFP3 Respirator

- reach to back of head with both hands
- lift both straps over head
- let respirator fall away from face



## Step 8: Remove surgical cap

## Step 9: Wash hands for at least 20 seconds



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