

Active Stirling Reinstatement Routemap

This five stage Active Stirling Routemap shows what we plan to open and when, in line with the Scottish Government's Covid -19 Routemap.

This Routemap has been developed according to these conditions –

- Progression through each Active Stirling Stage will depend on the Scottish Government Routemap
- All classes, activities and sessions are subject to change in line with the Scottish Government Routemap
- Spaces in all classes, activities and sessions will be limited until social distancing restrictions are lifted
- Each Active Stirling Stage will be reviewed on a weekly basis
- Stage progression will be updated every 3 weeks in line with the Scottish Government Routemap

	Scottish Government Phase 3		Scottish Government Phase 4 and onwards		
	Active Stirling Stage 1	Active Stirling Stage 2	Active Stirling Stage 3	Active Stirling Stage 4	Active Stirling Stage 5
Facilities					
		As with Stage 1 but with the following additions	As with Stage 1 and Stage 2 plus the following additions	As with Stage 1, Stage 2 and Stage 3 plus the following additions	As with Stage 1, Stage 2, Stage 3 and Stage 4 plus the following additions
The PEAK	Adult PAYG indoor fitness classes Adult PAYG gym ALL IN membership start option	Class live streaming Under 16's gym/fitness starts Personal Training sessions start Climbing wall for single members/ registered climbers.	Public swimming starts Adapted Learn to Swim programme starts Adapted club swimming starts Coached climbing sessions start	Public skating starts Adapted Learn to Skate starts Adapted Learn to Curl starts Ice rink hire starts Sports Hall hire starts Sauna and steam room opens	Large scale event hire starts eg swimming galas, school and community events. The PEAK Holiday Club starts.
Stirling Sports Village	Adult PAYG outdoor exercise classes		Outdoor pitch bookings open	Forthbank stadium opens for Stirling Albion and leases	
National Curling Academy	A modified British Curling programme starts		Limited club curling in the National Curling Academy		
Community venues		Will start when venue hire is available.	Will start when venue hire is available	Will start when venue hire is available	Adapted community physical activity and sport at Raploch Campus starts
Sport, Physical Activity and Inclusion					
Community activation	Support for clubs reopened in line with Government routemap.				
Active Stirling Sports Club			Limited Sports Club classes start	Further Sports Club classes start	

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	Active Stirling Stage 1	Active Stirling Stage 2	Active Stirling Stage 3	Active Stirling Stage 4	Active Stirling Stage 5
		As with Stage 1 but with the following additions	As with Stage 1 and Stage 2 plus the following additions	As with Stage 1, Stage 2 and Stage 3 plus the following additions	As with Stage 1, Stage 2, Stage 3 and Stage 4 plus the following additions
Active adults		Community fitness classes live streaming		Community fitness classes start Stirling Walking Network starts Buggy walks start Walking sports start	
Health programmes		Class live streaming		Active Living for Life starts MacMillan Move More starts Health classes eg Otago start Community inclusion programmes start	
Schools and Education					
Active Schools	Support Stirling Council education hubs	Adapted extra curricular Active Schools starts			School events start
People Development					
				AS YOU LEARN + DO training courses start Employability and volunteering programmes start	