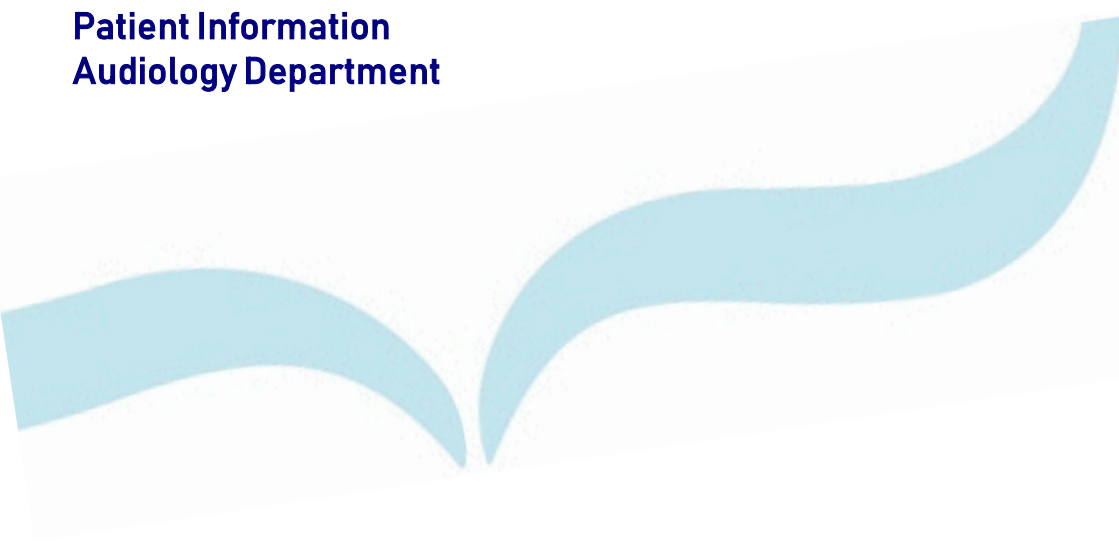


**NHS Forth Valley**



# **INSERTING YOUR EARMOULD**

**Patient Information  
Audiology Department**



## Inserting your earmould

**1) Hold your earmould on the curved part as shown:**



**2) Tuck the two points of the earmould into your ear first. Then press your earmould flat against your ear. Pulling your lobe down as shown can sometimes make this easier.**



**3) Hearing aid correctly inserted:**



**If you experience any problems, please do not attend the department. Our open access clinic is CLOSED due to Covid 19 restrictions.**

**Contact can be made by phone or email:**

**01786 434171**

**[fv.audiology@nhs.scot](mailto:fv.audiology@nhs.scot)**

We are happy to consider requests for this publication in other languages or formats such as large print. Please call **01324590886 (9-5)** to arrange this or email [fv.disabilitydepartment@nhs.scot](mailto:fv.disabilitydepartment@nhs.scot)

For all the latest health news visit [www.nhsforthvalley.com](http://www.nhsforthvalley.com)  
follow us on [@NHSForthValley](https://twitter.com/NHSForthValley)  
or like us on [www.facebook.com/nhsforthvalley](https://www.facebook.com/nhsforthvalley)

### **If you can't go let us know!**

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times.

So if you are unable to attend, or no longer require your hospital appointment, please let us know so we can offer it to someone else.

## **SMOKING IS NOT PERMITTED ON NHS FORTH VALLEY PREMISES**

This includes corridors, doorways, car parks & any of our grounds. If you do smoke on NHS premises you may be liable to prosecution and a fine.

NHS Forth Valley Administration Offices  
Westburn Avenue, Falkirk, FK1 5SU  
[www.nhsforthvalley.com](http://www.nhsforthvalley.com)

