

Covid-19 Response Grants 2020

Stenhouse Rangers



Who are Stenhouse Rangers?

Stenhouse Rangers are the section of Guides for girls aged 14-18 years and prior to lockdown they held meetings in Stenhousemuir.

Rangers are encouraged to try new things, have fun and give back to their community.

Before face to face meetings were cancelled due to Covid-19 lockdown, Rangers had just completed their First Aid Skill Builder along with Interest Badges including Self-care, Cooking and Digital Design.

How was the grant used?

- The grant enabled the Stenhouse Rangers to transfer to using a virtual platform for weekly meetings and bought materials for themed craft and activity packs which were sent to members.
- The grant also supported the purchase of themed game materials which were used during virtual meetings e.g. escape room and murder mystery.
- The Rangers have marked events over the months with different activities e.g. Halloween and Christmas.

What had to change due to Covid-19?

- The Rangers moved to holding weekly Zoom meetings in conjunction with the older Guides who would have been due to move up to the Ranger Unit in August.
- Weekly challenges, encouraging the girls to be active and get outdoors, were also posted on a weekly basis. Some of the weekly challenges were craft based and the Rangers were sent craft and activity packs to ensure they could take part.
- The online meetings were based on ideas from the Rangers for activities e.g. bingo, scavenger hunts, quizzes - all very inclusive and have resulted in many smiles and laughter!

What difference has the grant made?

- The grant has helped provide some routine for the Rangers at a time when many routines stopped. Being involved in challenges helped the mental and physical health of the girls and also their families.
- The volunteer leaders also acknowledged that their mental health has benefited from their continued involvement in Guiding.
- When the Rangers started meeting over Zoom many members preferred not to be seen or speak in the meeting, however, over time all members have gained confidence to speak during the meetings and for their faces to be seen.

'Thank you once again,
you really go above and beyond
for our girls and it is much
appreciated!'

(Parent of Ranger)

'I hope you're well and feeling nice
and relaxed after the mindfulness
session this evening.
XXX enjoyed tonight and seemed to
get a lot out of it.'

(Parent of Ranger)

'All activities very inclusive and have resulted in
many smiles and laughter.'

(Parent of Ranger)

