

# Covid-19 Response Grants 2020

## 1st Stenhouse Rainbows

### Who are 1st Stenhouse Rainbows?

1st Stenhouse Rainbows are based in Stenhousemuir and are the youngest age group of Guiding. They follow a programme of activities which provide the guides the space and opportunities they need to grow, thrive and give back to their communities. The 1st Stenhouse Rainbows group has 20 members.

### How was the grant used?

- The Covid-19 Response Grant has enabled 1st Stenhouse Rainbow group to continue to operate virtually in a time when meeting up as a group is not possible. The grant helped purchase craft and other equipment for the theme activity packs sent out to the Rainbows. These activity packs incorporated weekly challenges including nature scavenger hunts in different seasons, tri-sports and creating a mindfulness jar.

### What had to change due to Covid-19?

- Face to face meetings were cancelled at the start of lockdown and since then they have been holding weekly online meetings and sending out weekly challenges. Weekly challenges such as a nature scavenger hunt have encouraged the Rainbows and their families to get out and about in the community.
- In addition, leaders have sent out Activity Packs with crafts, puzzles and challenges to each Rainbow.
- The Rainbows have been looking at the themes of 'Have Adventures' and 'Skills for my Future' and have achieved skill builder, theme and interest badges.



## What difference has the grant made?

- Feedback from parents/carers has said that the weekly contact between Rainbow leaders and Rainbows by Zoom, email and post has been beneficial and they have looked forward to this point in the week when other routines have been taken away.
- Although the activities were for the 20 Rainbow members, parents/carers said that the whole family benefited as they often did challenge activities together with siblings and parents. These activities often had an active and outdoors element to them which the Rainbows enjoyed and benefited from.

'XXXXX had great fun trying out her roller skates for the tri-sports challenge. Making a video about how to ride a bike was also so exciting.'

*(Rainbow Parent)*

'I'm feeling such gratitude for the care and love that all leaders have put into keeping the girls happy and occupied. The activities have made a huge difference to my family.'

*(Rainbow Parent)*

'More tri sports challenges please! Fab walk in Pleain Park, the bingo hunt managed to get XXXXX exploring rest of park not just the play area. The mindfulness jars were a huge hit too!'

*(Rainbow Parent)*

