

# HEALTHY WORKING LIVES FORTH VALLEY

July 2021 update for HWL  
registered organisations

## YOUR HWL AWARD UNTIL 31ST MARCH 2022

The Healthy Working Lives award is currently not accepting registrations or undertaking award assessments. Existing Award Holders will retain their current award certification until March 2022.



## HWL REVIEW

In the coming months the award process will be part of a review of Health and Work Services. We will keep you informed of the recommendations from that review and any process for reassessing awards retained at their existing level and assessing those moving up through the award process.

## USE HWL AS A FRAMEWORK AT THIS TIME

The award criteria provides a useful framework for organisations to follow as a journey through improving staff health, safety and wellbeing at work and we encourage organisations to maintain a record of their actions by using their e-portfolio and accessing support through [maureen.walsh@nhs.scot](mailto:maureen.walsh@nhs.scot)



## HWL TEAM UPDATE

HWL Advisor Maureen Walsh has returned to Health Promotion and the HWL Team following a period of deployment as part of NHS Forth Valley's Covid 19 response. Maureen has started to re-connect with all HWL registered organisation main contacts. You can email: [maureen.walsh@nhs.scot](mailto:maureen.walsh@nhs.scot)

YOU WILL ALSO FIND MORE INFORMATION  
ON PROVIDING A SAFE AND HEALTHY  
WORKPLACE ON OUR WEB PAGES

[WWW.HEALTHYWORKINGLIVES.SCOT](http://WWW.HEALTHYWORKINGLIVES.SCOT)



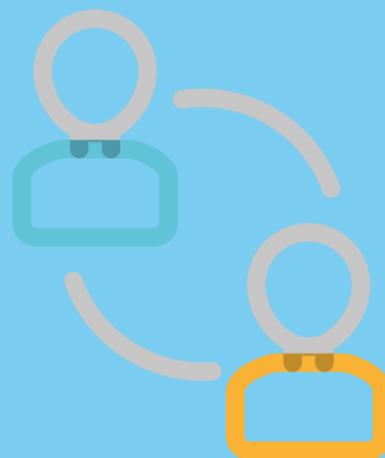


## HWL TEAM UPDATE 2

Aileen Schofield has returned to the HWL Team for 22.50 hours per week as Senior Health Promotion Officer. You can email: [aileen.schofield@nhs.scot](mailto:aileen.schofield@nhs.scot)

## REGULAR UPDATES

To help us respond to the health and wellbeing needs of you, your colleagues and organisation, please let us know what your key priorities are for staff health, safety and wellbeing over the coming months. This will help us plan how best to support you and take your priorities forward around updates, resources and online workshops.



## CONVERSATION CAFE

Why not join us as we pilot a Conversation Cafe?

A Conversation Cafe is a relaxed, informal meeting space and time via Microsoft Teams. Bring your cuppa of choice, your ideas, questions and what you are doing or have planned, to promote staff health, safety and wellbeing.

Keep an eye out for your invitation coming soon.



## POLICY SUPPORT

if you need advice or support around your Smoking Policy or Drugs and Alcohol Policy, please contact Maureen.



## COVID 19 SUPPORT

The following information is available to you on the HWL Website, Coronavirus and Business Page:

- C19 information for business
- C19 return to work information
- C19 return to work toolkit
- C19 engaging with staff
- C19 risk assessment



## #FEEL YOUR PERSONAL BEST

Sport Scotland and SAMH have a joint campaign taking place at the moment called #Feel Your Personal Best. It's about being physically active and how this helps to make you feel your personal best. Why not take part in a workplace walk or online class such as yoga or aerobics and #Feel Your Personal Best? Let us know how you get on. [www.sportscotland.org.uk/feel-your-personal-best](http://www.sportscotland.org.uk/feel-your-personal-best)

