NHS

Forth Valley

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 1.5

Glucose (mmol/l)			Correction dose (units)
7.5	to	8.9	1
9	to	10.4	2
10.5	to	11.9	3
12	to	13.4	4
13.5	to	14.9	5
15	to	16.4	6
16.5	to	17.9	7
18	to	19.4	8
19.5	to	20.9	9
21	to	22.4	10
22.5	to	23.9	11
24	to	25.4	12
25.5	to	26.9	13
27	to	28.4	14
28.5	to	29.9	15
30	to	31.4	16
31.5	to	32.9	17
33	or higher		18

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 2

Glucose (mmol/l)			Correction dose (units)
7	to	7.9	0.5
8	to	8.9	1
9	to	9.9	1.5
10	to	10.9	2
11	to	11.9	2.5
12	to	12.9	3
13	to	13.9	3.5
14	to	14.9	4
15	to	15.9	4.5
16	to	16.9	5
17	to	17.9	5.5
18	to	18.9	6
19	to	19.9	6.5
20	to	20.9	7
21	to	21.9	7.5
22	to	22.9	8
23	to	23.9	8.5
24	to	24.9	9
25	to	25.9	9.5
26	to	26.9	10
27	to	27.9	10.5
28	to	28.9	11
29	to	29.9	11.5
30	to	30.9	12
31	to	31.9	12.5
32	to	32.9	13
33	or higher		13.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 2.5

Glucose (mmol/l)			Correction dose (units)
7.3	to	8.4	0.5
8.5	to	9.7	1
9.8	to	10.9	1.5
11.0	to	12.2	2
12.3	to	13.4	2.5
13.5	to	14.7	3
14.8	to	15.9	3.5
16.0	to	17.2	4
17.3	to	18.4	4.5
18.5	to	19.7	5
19.8	to	20.9	5.5
21.0	to	22.2	6
22.3	to	23.4	6.5
23.5	to	24.7	7
24.8	to	25.9	7.5
26.0	to	27.2	8
27.3	to	28.4	8.5
28.5	to	29.7	9
29.8	to	30.9	9.5
31.0	to	32.2	10
32.3	or higher		10.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 3

Glucose (mmol/l)			Correction dose (units)
7.5	to	8.9	0.5
9.0	to	10.4	1
10.5	to	11.9	1.5
12.0	to	13.4	2
13.5	to	14.9	2.5
15.0	to	16.4	3
16.5	to	17.9	3.5
18.0	to	19.4	4
19.5	to	20.9	4.5
21.0	to	22.4	5
22.5	to	23.9	5.5
24.0	to	25.4	6
25.5	to	26.9	6.5
27.0	to	28.4	7
28.5	to	29.9	7.5
30.0	to	31.4	8
31.5	to	32.9	8.5
33.0	or higher		9

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 4

Glucose (mmol/l)			Correction dose (units)
8.0	to	9.9	0.5
10.0	to	11.9	1
12.0	to	13.9	1.5
14.0	to	15.9	2
16.0	to	17.9	2.5
18.0	to	19.9	3
20.0	to	21.9	3.5
22.0	to	23.9	4
24.0	to	25.9	4.5
26.0	to	27.9	5
28.0	to	29.9	5.5
30.0	to	31.9	6
32.0	or higher		6.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 5

Glucose (mmol/l)			Correction dose (units)
8.5	to	10.9	0.5
11.0	to	13.4	1
13.5	to	15.9	1.5
16.0	to	18.4	2
18.5	to	20.9	2.5
21.0	to	23.4	3
23.5	to	25.9	3.5
26.0	to	28.4	4
28.5	to	30.9	4.5
31.0	or higher		5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 6

Glucose (mmol/l)			Correction dose (units)
9.0	to	11.9	0.5
12.0	to	14.9	1
15.0	to	17.9	1.5
18.0	to	20.9	2
21.0	to	23.9	2.5
24.0	to	26.9	3
27.0	to	29.9	3.5
30.0	to	32.9	4
33.0	or higher		4.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 7

Glucose (mmol/l)			Correction dose (units)
9.5	to	12.9	0.5
13.0	to	16.4	1
16.5	to	19.9	1.5
20.0	to	23.4	2
23.5	to	26.9	2.5
27.0	to	30.4	3
30.5	or higher		3.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 8

Glucose (mmol/l)			Correction dose (units)
10.0	to	13.9	0.5
14.0	to	17.9	1
18.0	to	21.9	1.5
22.0	to	25.9	2
26.0	to	29.9	2.5
30.0	or higher		3

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 9

Glucose (mmol/l)			Correction dose (units)
10.5	to	14.9	0.5
15.0	to	19.4	1
19.5	to	23.9	1.5
24.0	to	28.4	2
28.5	to	32.9	2.5
33.0	or higher		3

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 10

Glucose (mmol/l)			Correction dose (units)
11.0	to	15.9	0.5
16.0	to	20.9	1
21.0	to	25.9	1.5
26.0	to	30.9	2
31.0	or higher		2.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 11

Glucose (mmol/l)			Correction dose (units)
11.5	to	16.9	0.5
17.0	to	22.4	1
22.5	to	27.9	1.5
28.0	or higher		2

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 12

Glucose (mmol/l)			Correction dose (units)
12.0	to	17.9	0.5
18.0	to	23.9	1
24.0	to	29.9	1.5
30.0	or higher		2

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 13

Glucose (mmol/l)			Correction dose (units)
12.5	to	18.9	0.5
19.0	to	25.4	1
25.5	to	31.9	1.5
32.0	or higher		2

<u>Ready Reckoner – Correction Dose</u>

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 14

Glucose (mmol/l)			Correction dose (units)
13.0	to	19.9	0.5
20.0	to	26.9	1
27.0	or higher		1.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 15

Glucose (mmol/l)			Correction dose (units)
13.5	to	20.9	0.5
21.0	to	28.4	1
28.5	or higher		1.5

Ready Reckoner – Correction Dose

These insulin sensitivity tables can be used to easily figure out how much bolus insulin is needed for giving a correction dose when your blood glucose is above target.

The Paediatric Diabetes Team will advise you on which one is right for you.

Insulin Sensitivity Factor: 16

Glucose (mmol/l)			Correction dose (units)
14.0	to	21.9	0.5
22.0	to	29.9	1
30.0	or higher		1.5