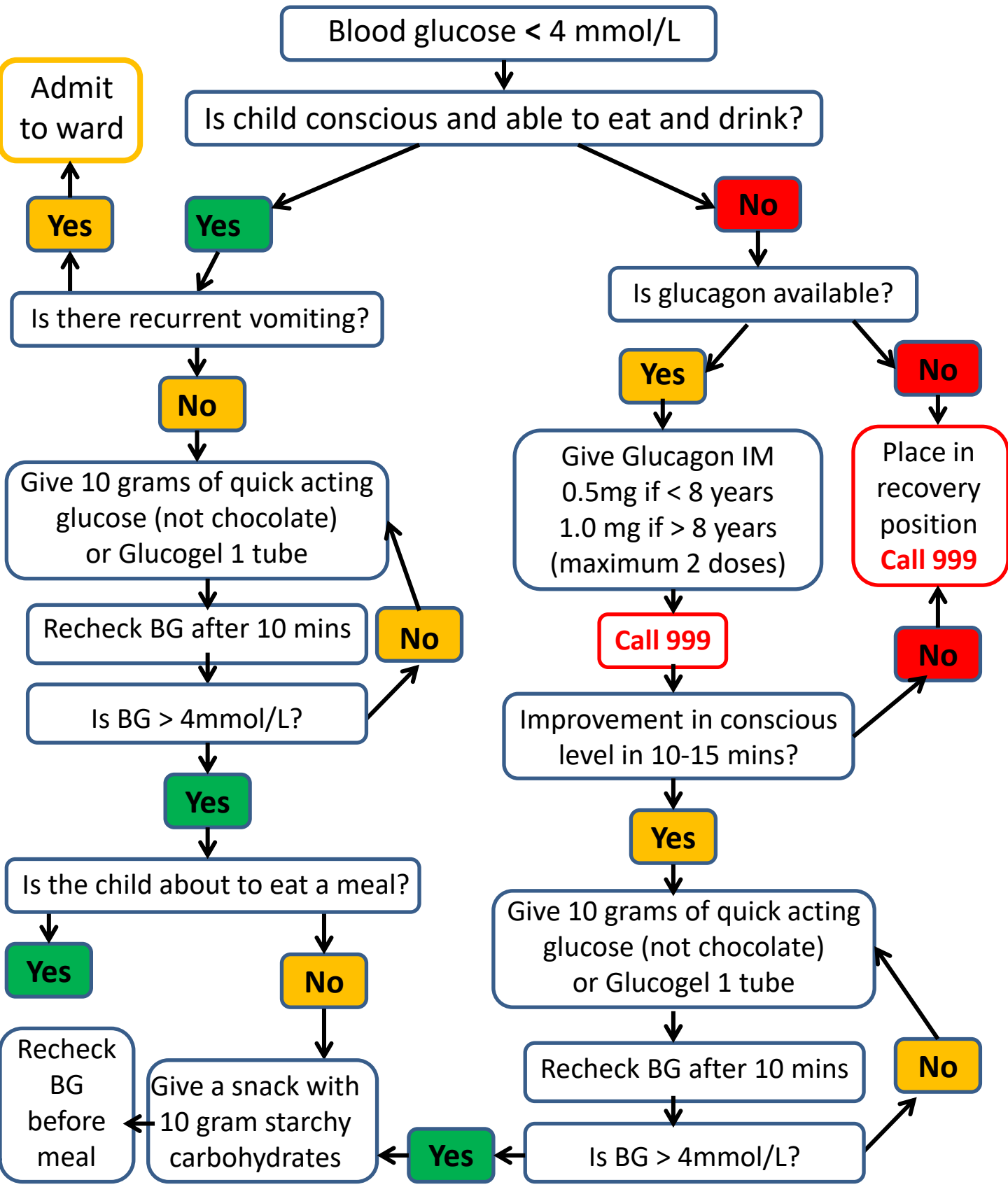


# Telephone Support Algorithm

## Hypoglycaemia - Not on an Insulin Pump



# Explanatory notes

- Second dose of IM glucagon can be given if necessary by ambulance crew or in A+E
- Nausea is a common side effect of hypoglycaemia, so consider waiting 20-30 minutes before eating snack
- Consider taking insulin after rather than before meal or lowering the insulin dose for meal
- Consider giving a snack without insulin if:
  - pre or post exercise
  - insulin overdose
  - after alcohol
- If blood glucose is **normal/low** but ketones are **high** (“starvation ketones”):
  - give sugar containing fluids and food
  - take insulin with these  
(consider reduced dose)