The background is a bright yellow color. On the left side, there are several thick, curved lines in red, blue, green, and purple. The title 'Welfare Benefits Guide' is centered in the upper half of the page in a large, bold, black font.

Welfare Benefits Guide

This is not an exhaustive list of benefits.



This Welfare Benefits Guide has been developed to increase uptake of welfare benefits and entitlements by young people and families on a low income. We have developed this to help specifically increase staff and parental knowledge of benefits available for families.

The benefits listed show all the relevant entitlements available to young people, parents and those with a disability. This guide is for practitioners and staff working with families to show what is available but does not replace the opportunity for welfare benefits advice that is available through Falkirk Council Welfare Benefits Advice Service or the Citizens Advice Bureau. Please make referrals to the services should anyone require benefits advice.

Falkirk Council Welfare Benefits Advice Team

Telephone 01324 503063

Online www.falkirk.gov.uk/benefithelp

Face to Face (web based platform)

10am -12noon & 2pm - 4pm

www.Falkirk.gov.uk/benefithelp

Email cas@falkirk.gov.uk

Online Benefit calculator

www.falkirk.gov.uk/benefitscalculator

Citizens Advice Bureau Falkirk

Telephone 01324 626070

Email bureau@falkirkcab.casonline.org.uk

Citizens Advice Bureau Denny and Dunipace

Telephone 01324 829160 (Advice and Admin line)

Email bureau@dennycab.casonline.org.uk

Citizens Advice Bureau Grangemouth and Bo'ness

Telephone 01324 666935.

If we cannot take your call please leave a message and we will contact you within two working days.

Email bureau@grangemouthcab.casonline.org.uk

This is not an exhaustive list of benefits.

If you have any comments or feedback on the use of this guide please contact fairerfalkirk@falkirk.gov.uk



Welfare Benefits Guide Youth

Universal Credit

is a benefit for people on a low income who are in or out of work. You can apply for UC if you are aged 18 years or over and under pension age. Some exceptions for 16/17 year olds.

New Style Job Seekers Allowance

is a benefit for people aged between 16 or over and under pension age, unemployed or working less than 16 hours per week and who are seeking work. Only applicable if you have had previous employment.

New Style Employment Support Allowance

is a benefit for adults aged between 16 or over and under pension age whose ability to work is limited through ill health or disability.

Disability Living Allowance

is a benefit for people with disabilities or long term health problems. You must be under 16 to make a claim.

Child Winter Heating Assistance

Child Winter Heating Assistance for those receiving highest rate of Disability Living Allowance.

Young Carers Grant

is a grant for people who are providing care for an average of 16 hours per week. You can apply for a Young Carers Grant if you are 16-18 years old.

Personal Independence Payment

is a benefit for people who have a physical or mental disability and need help taking part in everyday life or find it difficult to get around. PIP is available for adults aged 16-64.

Job Start Payment

is a one off payment to help young people with the costs of starting a new job. You must be aged 16-24 years old or care leaver aged 16-25 and in receipt of specific benefits.

Carers Allowance

is a benefit that can be paid to people aged 16 years or over, who regularly spend at least 35 hours per week caring for someone who is disabled.

Carers Allowance Supplement

is an extra payment from the Scottish Government to carers in Scotland who are receiving a full or partial Carer's Allowance payment from the Department of Work and Pensions (DWP).

EMA (Education Maintenance Allowance)

gives financial support to eligible 16 to 19 year olds who want to continue learning.



Welfare Benefits Guide Adult

Universal Credit

is a benefit for people on a low income who are in or out of work. You can apply for UC if you are aged 18 years or over and under pension age. (Some exceptions for 16/17 year olds)

Income Support

is being replaced by UC and only applicable to the person if currently in receipt of this benefit.

New Style Job Seekers Allowance

is a benefit for people aged between 16 or over and under pension age, unemployed or working less than 16 hours per week and who are seeking work. (Only applicable if you have had previous employment)

New Style Employment Support Allowance

is a benefit for adults aged between 16 or over and under pension age whose ability to work is limited through ill health or disability.

Personal Independence Payment

is a benefit for people who have a physical or mental disability and need help taking part in personal care tasks or find it difficult to get around. PIP is available for adults aged 16-64.

Carers Allowance

is a benefit that can be paid to people aged 16 years or over, who regularly spend at least 35 hours per week caring for someone who is disabled.

Carers Allowance Supplement

is an extra payment from the Scottish Government to carers in Scotland who are receiving a full or partial Carer's Allowance payment from the Department of Work and Pensions (DWP).

Housing Benefit

is a benefit to help with rents costs. This is being replaced by UC.

Council Tax Reduction

is help towards your council tax bill only applicable where there is liability.

Discretionary Housing Payment (DHP)

is a benefit for people who need further financial assistance in order to meet their housing costs.

Warm Home Discount

You could get £140 off your electricity bill for winter under the Warm Home Discount Scheme.

Cold Weather Payment

will be made when the temperature in your area is either recorded as, or forecast to be, an average of zero degrees Celsius or below over 7 consecutive days.

Pension Credit

is a benefit for people on a low income who are at least pension age.

Funeral Support Payment

is a payment available to people who are on certain benefits or tax credits, and need support to meet the cost of a funeral.



Welfare Benefits Guide Parent

Best Start Grants

are available to give financial support to parents/carers who are in receipt of certain benefits. There are three types:

Pregnancy and Baby Payment

is a one off payment for eligible families on certain benefits or tax credits for the first child born and a payment for the second or subsequent child. Pregnancy and Baby payment have replaced the sure start maternity grants in Scotland.

Early Learning Payment

is a payment for eligible families on certain benefits or tax credits who have a child between the ages of 2 and 3½ years. This is to help with the costs of early learning around the time your child might start nursery.

School Age Payment

is a payment for eligible families on certain benefits or tax credits made around the time a child normally starts Primary 1 to help with the costs of a child starting primary school.

Best Start Foods

is a scheme that provides you with a prepaid card that you can use to buy health foods if you are pregnant or have a child under 3 years and in receipt of certain benefits. The scheme replaces the UK Government's Healthy Start Vouchers in Scotland.

Universal Credit

is a benefit for people on a low income who are in or out of work. You can apply for UC if you are aged 18 years or over and under pension age. Some exceptions for 16/17 year olds.

Income Support

is being replaced by UC and only applicable to the person if currently in receipt of this benefit.

New Style Job Seekers Allowance

is a benefit for people aged between 16 or over and under pension age, unemployed or working less than 16 hours per week and who are seeking work. Only applicable if you have had previous employment).

New Style Employment Support Allowance

is a benefit for adults aged between 16 or over and under pension age whose ability to work is limited through ill health or disability.

Child Benefit

Child Benefit for those with children under 16 or 16-20 with exceptions.

Scottish Child Payments

is for families on certain benefits/tax credits to help towards the costs of looking after a child.

Child Tax Credit

Child Tax Credit with a change of circumstance (new baby) (only applicable if currently in receipt of this benefit)

Disability Living Allowance

is a benefit for people with disabilities or long term health problems. You must be under 16 to make a claim.

Child Winter Heating Assistance

Child Winter Heating Assistance for those receiving highest rate of Disability Living Allowance.

Job Start Payment

is a one off payment to help young people with the costs of starting a new job. You must be aged 16-24 years old or care leaver aged 16-25 and in receipt of specific benefits.

Carers Allowance

is a benefit that can be paid to people aged 16 years or over, who regularly spend at least 35 hours per week caring for someone who is disabled.

Carers Allowance Supplement

An additional payment if you are in receipt of carers allowance - paid every 6 months.

Statutory Maternity Pay

If you are an employee you may get statutory maternity pay from your employer when you stop work to have a child.

Maternity Allowance

if you can't get statutory maternity pay you may get maternity allowance.

Statutory Adoption Pay

When you take time off to adopt a child or to have a child through surrogacy arrangement you may be eligible for statutory adoption pay.

Housing Benefit

is a benefit to help with rents costs. This is being replaced by UC.

Council Tax Reduction

is help towards your council tax bill only applicable where there is liability.

Discretionary Housing Payment (DHP)

is a benefit for people who need further financial assistance in order to meet their housing costs.

Free School Meal and Clothing Grant

free school meal and payment towards the cost of school clothing and footwear.

Warm Home Discount

You could get £140 off your electricity bill for winter under the Warm Home Discount Scheme.

Cold Weather Payment

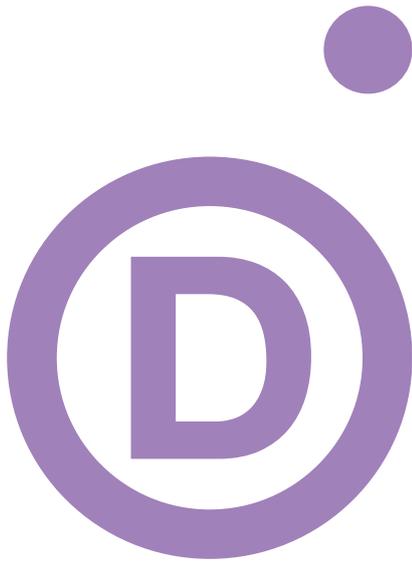
will be made when the temperature in your area is either recorded as, or forecast to be, an average of zero degrees Celsius or below over 7 consecutive days.

Pension Credit

is a benefit for people on a low income who are at least pension age.

Funeral Support Payment

is a payment available to people who are on certain benefits or tax credits, and need support to meet the cost of a funeral.



Welfare Benefits Guide **Disabled**

Disability Living Allowance

is a benefit for people with disabilities or long term health problems. You must be under 16 to make a claim.

Child Winter Heating Assistance

Child Winter Heating Assistance for those receiving highest rate of Disability Living Allowance.

Young Carers Grant

is a grant for people who are providing care for an average of 16 hours per week. You can apply for a Young Carers Grant if you are 16-18 years old.

Personal Independence Payment

is a benefit for people who have a physical or mental disability and need help taking part in personal care tasks or find it difficult to get around. PIP is available for adults aged 16-64.

Carers Allowance

is a benefit that can be paid to people aged 16 years or over, who regularly spend at least 35 hours per week caring for someone who is disabled.

Carers Allowance Supplement

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Discretionary Housing Payment (DHP)

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Warm Home Discount

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