

Who are The Salvation Army – Stirling Corps?

Salvation Army Stirling Corps are a charitable organisation who work in the Raploch area of Stirling helping those most in need. They provide a meal service for the homeless, unemployed and socially isolated within the community. Their aim is to provide a safe environment where clients can develop skills which will help them integrate into mainstream life



How was the grant used?

- The grant was used within the Gardening Project to purchase gardening toolkits and gloves for each client. This equipped the organisation and community to grow fresh produce which was used when providing the meal service. Excess food was made available to the wider community free of charge. Hi-vis jackets were purchased to improve safety for the walking groups, making them more visible to other road users. PPE was also provided as part of this grant.

What had to change due to Covid-19?

- Infection control measures required the purchase of individual rather than communal equipment.
- There was also a greater focus on outdoor activities as they allowed greater social interaction in compliance with the restrictions.



Hi-Vis improves walking group safety



Preparing the ground in the polytunnel

What difference has the grant made?

- The Gardening Project had four participants who experienced growing vegetables from seed to plate. This encouraged them to eat healthier and gave a sense of purpose.
- The wider community has free access to fresh healthy produce on their doorstep.
- Walking groups had nine participants, from which the group gained knowledge about local history during their walks.
- Participants gained social connection and integration with peers and members of the community.
- There were reported benefits from participants' health and well being including self-esteem.

"The project has helped Ian to integrate with his peers."
(Project worker)

"Opened up avenues to volunteer in similar projects."
(Project worker)

"Enjoyed it so much."
(Participant)

