

Health Promotion Service

Covid-19 Recovery Grant Scheme

April 2021 - March 2022



Aim of the Scheme?

To support local organisations and community groups across Forth Valley in their response and recovery throughout the Covid-19 pandemic. The primary focus of the scheme was to reduce health inequalities and improve mental wellbeing. Organisations and groups could apply for up to £500 to support them to recommence activity or start new activity as a response to Covid-19.



Why is this important?

The grants allowed communities to take forward innovative ideas to respond and recover from the impact of Covid-19, ensuring that support is there when people need it most. They also enabled groups and organisations to adapt their way of working, to reduce health inequalities and improve mental health and wellbeing.

'We want to say a massive thank you again for this opportunity, it has been fantastic not only for learning new skills but promoting wellbeing also'

*Claire Strong ~ Operations Manager
Neighbourhood Networks*

What have we achieved?

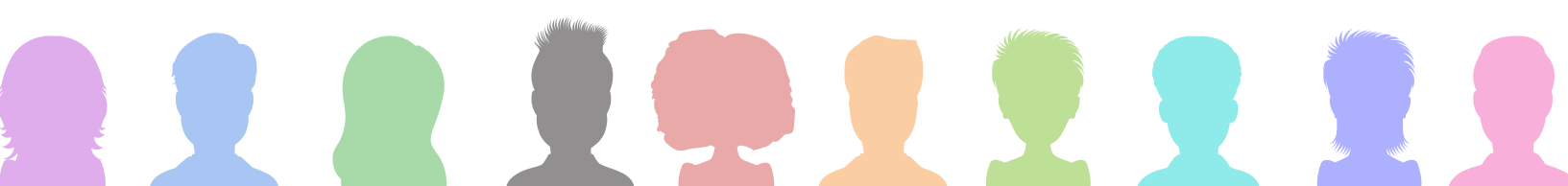
Applications were received from a wide range of organisations who work directly with individuals and communities across Forth Valley.

In addition to financial support, we provided them with other expertise and resources from within the Health Promotion Service and across Forth Valley partnerships, whilst also facilitating some organisations to work more closely together.

A compilation of case studies showcasing the valuable work the grant scheme supported, can be viewed [here](#).



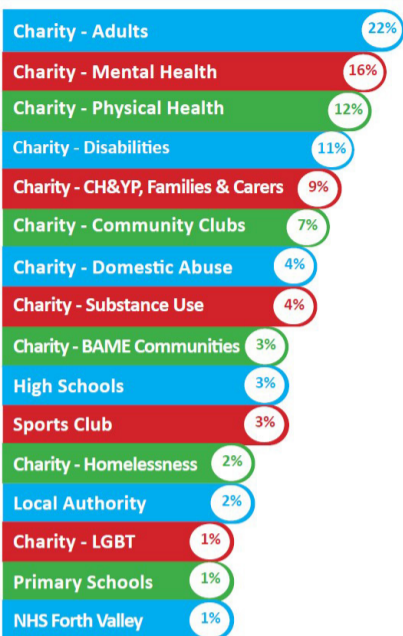
Breakdown of grants awarded



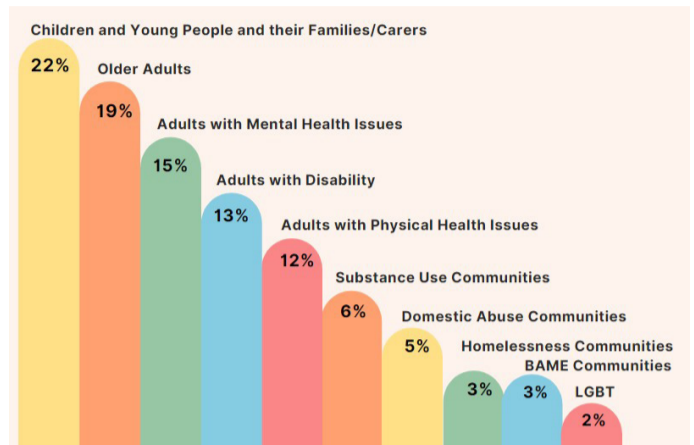


Breakdown of grants awarded continued

Awarded grants by organisation type



Awarded grants by targeted population



What's next?

As communities need support to meet new challenges post Covid-19, including the cost of living crisis and fuel poverty, there will be a return to the Community Grants Scheme for 2022-2023. Mindful of the on-going impact of Covid-19, we continue to welcome applications with this focus.

Grant recipient quotes:

'Being dyslexic I found getting an ipad helped me with keeping in touch with friends and understand more with spelling and technology'

(Freedom of Mind Choir Member)

'It is very rewarding to see the shining relaxed faces of all participants after the sessions. We can literally see their worries melting away in front of our eyes.'

(Session volunteer ~ Rainbow Muslim Women's Group)

'I learned to cook better and how to deal with stress by learning breathing techniques, about physical and mental health and meeting new people. I have lost a stone and hope to lose more weight, stay healthy and get a job.'

(Thrive participant ~ Tamfourhill Tenants and Residents Organisation)

