

We are all aware of the rising cost of living in the UK currently. Food, energy and fuel costs are increasing and more than ever, families and individuals need support. There's a wide range of benefits and help you may be entitled to, and Falkirk Council can assist you in getting to these quickly and easily. In particular, Pension Credit is available to those who qualify.

We can help you find out by visiting one of our Support Hubs (open 10am to 2pm Mon-Fri) located at:

Central Advice & Support Hub, Falkirk Library, Hope Street, Falkirk, FK1 5AU East Advice & Support Hub, York Place, Grangemouth, FK3 8BD West Advice & Support Hub, Carronbank House, Denny, FK6 6GA

You can also call our Support for People service on 0808 100 3161 and speak to one of our advisers in confidence. You can also visit **www.falkirk.gov.uk/costofliving** where you will be able to check:

- If you are entitled to a particular benefit
- Our online map showing locations where you can receive support
- Welfare Benefits Advice
- Debt Advice

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