

Falkirk Health & Social Care Partnership

Health Improvement Service

Training Brochure

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Introduction

Welcome to our learning, development and training brochure.

The brochure provides information on a range of programmes across key national and local priorities that can support your work to improve the health and wellbeing of individuals and communities within the Falkirk area. A number of e-learning opportunities from NES Education Scotland and Public Health partners are also promoted within the brochure.

Prevention, tackling inequalities and improving health outcomes remain key strategic priorities for the Health Improvement Service. The training and development opportunities offered directly support these priorities.

We will continue to work closely with partners, trainers and participants to ensure our learning, development and training opportunities remain accessible and are delivered to the highest standards.

For further information or questions regarding specific programmes, please email:

fv.hisfalkirktraining@nhs.scot

Health Improvement Service
Falkirk Health & Social Care Partnership

smile4life

Our bespoke training is aimed at:

Health and social care staff and support workers to enable them to provide oral health messages to meet the specific needs of the people they work with. The training is primarily aimed at organisations and community health care professionals, supporting individuals experiencing; homelessness (Roofless and Houseless), mental health issues, deprivation, substance misuse and inequality.

Our training aims to:

To raise awareness of oral health and equip staff and volunteers with knowledge and skills to support oral health improvement and facilitate signposting referrals to local dental services.

Learning outcomes:

Participants will:

- have knowledge of oral health issues, risk factors and barriers to accessing care, experienced by homeless individuals or those experiencing inequality
- know the main oral health care messages and be competent in providing tailored oral health information to clients
- be aware of how and where people can access dental care
- be competent in giving basic health advice on diet, smoking, alcohol, drugs and methadone
- know the structure and application of Smile4Life intervention
- know how to assess clients readiness to change, using assessment tools
- know basic motivational interviewing techniques when interacting with clients

Dates/Times/Locations: (TBC)

Course duration: ½ day session – face to face training available. Courses can also be delivered to meet individual needs over Microsoft TEAMS (1.5 hours).

Contact: fv.smile4life@nhs.scot

to arrange staff training sessions on a date suitable to you.

Ask Tell Respond - Informed Level Workshops

Our training is aimed at:

Any individual working or volunteering across the Falkirk area aiming to increase awareness of mental health and wellbeing and be able to respond to someone who is experiencing mental distress, mental ill-health and who might be at risk of self harm or suicide. The workshops are ideally suited to people who have no previous training in mental health and suicide prevention, and those who wish to refresh prior knowledge.

Our training aims to:

Provide the essential knowledge and skills required by all (at the informed level) to contribute to mental health improvement and the prevention of self-harm and suicide.

Learning outcomes:

The knowledge and skills framework practice domains are:

- promote good mental health and wellbeing
- tackle mental health inequalities, stigma and discrimination
- support people in distress or crisis
- promote resilience and recovery
- prevent self-harm or suicide
- improve the quality and length of life for people living with mental ill health

Workshop Content

1. explores what mental health is and that we all have mental health. Factors that can affect mental health are shown, including how we can promote good mental health and respond compassionately to people who may be experiencing mental ill-health or distress.
2. gives practical advice about how and when to have compassionate conversations with people who may be experiencing mental distress or feeling suicidal. It also provides information on how to get immediate help and support.
3. explores the issue of suicide, including statistics and facts about suicide in Scotland. It helps learners understand the signs that people may be thinking about suicide, and how and when to provide immediate help and support.

Dates/Times/Locations:

Tuesday 4th, Tuesday 11th, Tuesday 18th June 2024, 11.00am

Monday 16th, Monday 23rd, Monday 30th September 2024, 2.00pm

Wednesday 6th, Wednesday 13th, Wednesday 20th November 2024, 2.00pm

Course duration: 3 consecutive weekly sessions lasting 1hour, delivered on MS Teams

[Click to apply for Ask Tell: June 2024](#)

[Click to apply for Ask Tell: September 2024](#)

[Click to apply for Ask Tell: November 2024](#)

Scotland's Mental Health First Aid (SMHFA)

Our training is aimed at:

Any staff and volunteers who live or work in the Falkirk area who wants to help someone with mental health problems whether in a professional or personal capacity.

Our training aims to:

Provide the knowledge and skills required to give help to someone experiencing a mental health problem before appropriate or professional help is accessed.

The aims of mental health first aid are:

- to preserve life
- to provide initial help to prevent the problem or crisis becoming more serious
- to provide comfort to a person experiencing distress
- to promote recovery of good mental health
- to promote understanding of mental health issues

Learning outcomes:

- how to apply the 5 steps of SMHFA
- how to respond if you believe someone is at risk of suicide
- how to give immediate help until appropriate or professional help is available
- what to do in a crisis
- the importance of good listening skills, practice listening and responding
- understand recovery from mental health problems
- to learn about common mental health problems

Dates/Times/Locations:

Monday 13th and Tuesday 14th May 2024, 9.30am-4.30pm: Falkirk

Course duration: 12 hours and is usually delivered over 2 days; 9.30am-4.30pm

[Click to apply for SMHFA12: May 2024](#)

Applied Suicide Intervention Skills Training (ASIST)

Our training is aimed at:

ASIST is aimed at people working in the community, voluntary or statutory sectors in contact with individuals at risk of suicide. The course is open to individuals living or working in the Falkirk area only.

Our training aims to:

Enable ASIST participants to learn the skills to provide a suicide first aid intervention and work with someone to develop a personalised safety plan to keep them safe-for-now, and connect with further help.

Learning outcomes:

- to understand reasons for suicidal thoughts and factors which influence people
- become more suicide alert: recognise people asking for help, understand the barriers people face
- practice providing guidance and suicide first aid to a person at risk, meeting their individual safety needs
- learn the key elements of an effective suicide safety plan and how to implement it effectively
- understand the value of improving and integrating suicide prevention resources in the community at large
- recognise other important aspects of suicide prevention including life-promotion and self-care

Dates/Times/Locations:

This course is externally commissioned using funding from Falkirk Suicide Prevention Fund and is therefore only available to people who live or work in Falkirk.

TBC

Course duration: 14 hours, delivered face to face over 2 consecutive days

Overdose Awareness and Intervention Training

Our training is aimed at:

Anyone who lives or works in the Falkirk area. The training is dependent on the minimum number of participants.

Our training aims to:

Equip everyone with the knowledge, skills and confidence of what to do in an overdose situation.

Learning outcomes:

- to be aware of the nature & extent of drug overdose in Scotland
- to recognise your role in preventing drug related deaths
- to identify the most common drugs involved in an overdose
- to identify the main causes of an overdose
- to recognise the signs and symptoms of an overdose
- to highlight effective interventions – busting myths
- to understand the role of Naloxone and Basic Life Saving Skills

Dates/Times/Locations:

TBC

Course duration: 3 hours

Naloxone Training for Trainers

Our training is aimed at:

Anyone who would like to deliver Naloxone training to others.

Our training aims to:

Equip workforce and volunteers with the knowledge, skills and confidence to initiate a conversation about Naloxone and to deliver Naloxone training to others.

Learning outcomes:

- to be aware of the nature & extent of drug overdose in Scotland/FV
- to recognise your role in preventing drug related deaths
- to identify the most common drugs involved in an overdose
- to identify the main causes of an overdose
- to recognise the signs and symptoms of an overdose
- to highlight effective interventions – busting myths
- to understand the role of Naloxone and Basic Life Saving Skills
- to increase confidence in initiating a conversation about Naloxone and persistence in normalising of Naloxone
- to recognise the importance of promoting the message that ‘Take home Naloxone saves lives’
- being able to observe and critique the delivery of Naloxone training by oneself and others
- to build confidence and skills in being able to deliver Naloxone training to others

Dates/Times/Locations

TBC

Click on the link below and select the Clackmannanshire and Stirling locality and fill in the online booking form.

[NHS Forth Valley – Training](#)

Dry Blood Spot Testing for Blood Borne Viruses

Our training is aimed at:

Addiction support workers.

Our training aims to:

Increase capacity for BBV testing in drug and alcohol services.

Learning outcomes:

- to increase staff awareness of the risks of transmission of BBVs
- to highlight target groups for testing
- to explore discussing testing with clients
- instruction and practical experience of using the kits

Dates/Times/Locations: (TBC)

The training can be delivered in small groups or tailored to accommodate one or 2 people and takes 30 – 45 minutes.

To book training or for further information please contact via email:
wendy.mitchell@nhs.scot

Blood Borne Virus (BBV) Awareness Training

Our training is aimed at:

The training is free to all who work across Forth Valley Health Board area including voluntary and statutory organisations.

Our training aims to:

Provide an introduction to BBVs, transmission and treatment.

Learning outcomes:

By the end of the session, participants will have:

- increased understanding of how BBVS are transmitted, and how transmission can be prevented
- received an update regarding Injecting Equipment Provision (IEP) and condoms
- looked at potential barriers to BBV testing and treatment and have explored how these might be overcome
- received an update regarding testing and the BBV treatments that are currently available

Dates/Times/Locations:

TBC

Gender Based Violence (GBV) and Learning Disability

Our training is aimed at:

Professionals working with young people and adults with a learning disability.

Our training aims to:

Increase awareness of the evidence that having a learning disability increases vulnerability to gender based violence, and to explore strategies and action for prevention and support.

Learning outcomes:

- understanding GBV and learning disability
- exploring what practitioners can do to prevent GBV, from school to adulthood
- having more confidence in asking about abuse, responding to and supporting disclosure
- identifying where to access help and support locally

Dates/Times/Locations:

TBC

Prevention & Managing Harmful Sexual Behaviour Guidance for Schools

Our training is aimed at:

Teachers working in early years through to senior level, including staff supporting children and young people with additional support needs.

Our training aims to:

Increase awareness of the Managing Harmful Sexual Behaviour Guidance and explore how it can support good practice in your school.

Learning outcomes:

- to increase familiarity of the Guidance to prevent and support harmful sexual behaviour
- have a better understanding of sexual behaviour and young people
- identify your role in supporting young people who display HSB
- to feel confident that you can do something
- to know where to access further information and support

Dates/Times/Locations:

TBC

Useful pre-reading [Harmful Sexual Behaviour – Central Sexual Health](#)

Relationships, Sexual Health and Parenthood Education (RSHP)

Our training is aimed at:

This session is aimed at teachers and professionals working in early years through to senior level in mainstream school and ASN provision.

Our training aims to:

Raise awareness of children and young people's rights and needs to RSHP education and resources to use in teaching RSHP.

Learning outcomes:

- understanding what research tells us about sexual health and young people
- exploring good practice in RSHP
- identifying resources to use in school with a focus on the national RSHP resource www.rshp.scot

Dates/Times/Locations:

TBC

We can develop bespoke training for your staff team or organisation. Please get in touch if you would be interested in this.

Contact: pamela.vannan@nhs.scot

Relationships, Sexual Health, and Parenthood Education (Primary Level)

Our training is aimed at:

This session is aimed at teachers and professionals working in the primary setting.

Our training aims to:

To provide primary teachers with an overview of Relationships, Sexual Health, and Parenthood Education and to introduce the national teaching resource for RSHP

<https://rshp.scot/>

Learning outcomes:

- increased awareness of the policy and guidance that supports the teaching of RSHP education
- explore aspects of the seven themes that shape content and progression at Primary level within the RSHP resource
- understand how the national resource RSHP supports learning in these topic areas
- increased confidence in engaging positively with parents and carers around RSHP Education

Dates/Times/Locations:

Tuesday 10th September 2024, 9.15am-1.00pm: Stirling (venue tbc)

[Click to apply for RSHP \(PL\) 10th September 2024](#)

Sexual Health and Relationships – Supporting Adults with a Learning Disability

Our training is aimed at:

Our training is aimed at: This session is aimed at anyone supporting adults with a learning disability who wants to offer better information and guidance on Relationships, Sexual Health and Parenthood (RSHP).

Our training aims to:

Raise awareness of the rights and needs to RSHP education and resources to use in supporting adults with a learning disability.

Learning outcomes:

- understanding what research and legislation tells us about sexual health and people with a learning disability
- exploring good practice in RSHP
- identifying resources to use

Dates/Times/Locations:

TBC

You will be emailed a link to the training once you have registered for a place.

We can develop bespoke training for your staff team or organisation. Please get in touch if you would be interested in this.

Contact: joanne.barrie@nhs.scot

Healthy Working Lives Mentally Healthy Workplace Training for Managers

A Public Health Scotland course delivered by Clackmannanshire and Stirling Health and Social Care Partnership, Health Improvement Service for workplaces throughout Forth Valley.

Our training is aimed at:

Managers and supervisors within local business or third sector organisations
Maximum of 2 places per employer organisation on each course
16 managers / supervisors on each course

NHS managers or supervisors wishing this session are required to contact:
aileen.schofield@nhs.scot

Our training aims to:

Equip managers and supervisors with knowledge to support their employees regarding mental health in the workplace.

Learning outcomes:

- an awareness of the differences between mental health and mental health problems
- an awareness of the impact of attitudes, values and culture on mental health in the workplace
- an awareness of what stress is, what can cause it and how it can be managed effectively
- an awareness of the legal implications of the Equality Act 2010 and other legislation on employees and employers
- an understanding of how to promote our own and other people's mental health in work.

Dates/Times/Locations:

Wednesday 8th and Thursday 9th May 2024, 9.00am-12.30pm
Tuesday 10th and Wednesday 11th September 2024, 9.00am-12.30pm
Thursday 7th and Friday 8th November 2024, 9.00am-12.30pm

Course duration: 7 hours in total, 3.5 hours on 2 consecutive days **and follow on support to course participants to embed learning into their workplace.**

To apply:

Please email Shannon.Nixon@nhs.scot with:

- your name
- job title
- telephone number
- organisation name and address
- date of the course you would like to attend

Resources, E-Learning and Further Information

Resources Service

The team provides people who live and work in the Falkirk area with access to information on health improvement issues in a range of formats.

Registration

To register, please access the following link [HPAC](#) and follow the on-screen instructions.

Booking and Ordering

Once registered, bookings and orders can be made by accessing [HPAC](#).

Services we provide:

- leaflets and posters (some are available to download and print)
- condoms and lubricants
- borrowable resources i.e., books, teaching resources, models, banners

Contact us email: [**fv.hirs-group-mailbox@nhs.scot**](mailto:fv.hirs-group-mailbox@nhs.scot)

Health Inequalities (e-learning)

Public Health Scotland offer a wide range of learning opportunities for anyone who has an interest in understanding health inequalities in Scotland and the steps you can take to help reduce them. You will focus on understanding the link between discrimination, inequality, health inequalities, providing you with a strong foundation knowledge of the subject matter.

Visit: [**Public Health Scotland's virtual learning environment**](#)

A wide variety of courses are available on the VLE including Health Inequalities and Human Rights, Leadership for Health Inequalities and the Health Inequalities Learning Hub.

[**Course: Health inequalities - learning hub | PHS Learning \(publichealthscotland.scot\)**](#)

The MAP of Health Behaviour Change (e-learning)

NHS Education for Scotland

You will be able to open a TURAS account at: <https://learn.nes.nhs.scot/>

Access the module via TURAS using the 'Learn' application. Search for 'MAP of Health Behaviour Change'



Physical Activity (e-learning)

The aim of Public Health Scotland's - Encouraging and Enabling Physical Activity - learning opportunity is to support anyone who has a role in encouraging physical activity, and those working directly in physical activity to encourage and enable people to be more active. This includes those working in health and social care, leisure and the third sector. This module will take approximately 1 hour to complete.

<https://learning.publichealthscotland.scot/course/view.php?id=581>

NHS Forth Valley – Physical Activity

Here you will find out how to be more active, the benefits of physical activity and the services and support available to help you become more active in your local area. There is also information on strength and balance exercises, active travel and details of how you can become more active at home.

Mental Health and Wellbeing (e-learning)

Mental Health Improvement and Suicide Prevention

<https://learn.nes.nhs.scot/17099/mental-health-improvement-and-prevention-of-self-harm-and-suicide>

This provides access to an e-module which covers the same content as the facilitated Ask Tell Informed level workshops noted in the Health Promotion Service Brochure. Please consider the e-module if you can't join or get booked into an advertised facilitated session.

Transforming Psychological Trauma

<https://learn.nes.nhs.scot/37896/national-trauma-training-programme>

We all have Mental Health

<https://www.samh.org.uk/about-mental-health/elearning-for-teachers>

Although aimed at school teachers across Scotland it is useful for all staff. Click the link to register, if you are not school staff select 'other' and state your role and submit the form. A new page appears to access the module. Click to access the module and remember to save the URL to your favourites or bookmark it to save your access link.

Working with young people and families

<https://learn.nes.nhs.scot/29910/psychosocial-mental-health-and-wellbeing-support/taking-care-of-other-people/working-with-young-people-and-families>

Depression and Low Mood in Young People

<https://www.futurelearn.com/courses/depression-young-people>

Understanding Suicide and Suicide Prevention

<https://www.futurelearn.com/courses/suicide-prevention>

Alcohol Brief Intervention (ABI) (e-learning)

Our training is aimed at:

The new on-line NHS FV Alcohol Brief Intervention module is available at [TURAS Learn](#).

Our training aims to:

Equip workforce with the knowledge, skills and confidence to initiate a conversation about alcohol and to deliver alcohol brief interventions.

Learning outcomes:

- understanding what a brief intervention is
- exploring the evidence base and policy background for alcohol brief interventions
- examining the attitudes to alcohol and how those attitudes impact on practice
- exploring the obstacles to the implementation of brief interventions and how these barriers and concerns can be resolved
- recognising good practice and the key skills involved in effectively delivering a brief intervention
- understanding units measurement, low risk drinking guidelines and the various terms commonly used to describe people's relationship with alcohol
- being comfortable with the language that can be used when raising the issue of alcohol
- utilising screening tools to accurately assess the health risks associated with a person's drinking and giving appropriate feedback
- being able to observe and critique the delivery of a brief intervention by oneself and others
- review and evaluation of one's readiness to deliver a brief intervention, including any further support that is needed

Raising the Issue of Smoking (e-learning)

Our training is aimed at:

Anyone working in the HSCP or third sector organisations in the Falkirk area who may come in to contact with someone who smokes.

FH&SCP supports a health promoting health service and every health care contact is a health improvement opportunity. This on-line training is relevant for anyone who might come into contact with individuals who smoke during their course of work.

Available on-line [Turas Learn](#) - Module name: NHS FV: Raising the Issue of Smoking

Our training aims to:

Raise awareness of the importance of addressing smoking behaviour with anyone we come in to contact with so it is seen as everyone's responsibility to 'Raise the Issue'.

Provide knowledge and confidence on how to discuss someone's smoking behaviour, the benefits of quitting and refer someone for support to stop smoking.

Learning outcomes:

- have knowledge of the health risks of smoking
- discover the benefits of stopping smoking
- know how to raise the issue of smoking
- understand the impact of nicotine withdrawal
- list some therapies available to help smokers
- be able to arrange support for a smoker who wishes to quit
- know where to access further tobacco training if required.

Substance (e-learning)

Substance (e-learning)

Scottish Drugs Forum

Scottish Drugs Forum also offer other training opportunities please click here for further information <https://www.sdftraining.org.uk/training>

Tobacco (e-learning)

ASH Scotland offer a range of e-learning, other training opportunities and downloadable resources.

e-learning opportunities include:

- Understanding Tobacco
- Tobacco and Cannabis
- Smoking and Mental Health
- Smoking and Young People
- Smoking and Money Advice
- Children, Carers and Second Hand Smoke

Visit their website for further information:

<https://www.ashscotland.org.uk/training-and-services>

Public Health Scotland Learning Hub
Very Brief Advice on Smoking

<https://learning.publichealthscotland.scot/enrol/index.php?id=558>

National Centre for Smoking Cessation Training (NCSCT)

A range of online training modules to support contact with people who smoke

<https://www.ncsct.co.uk/>

Healthy Workplace - Useful Information and e-learning
Mentally Healthy Workplace Training (e-learning) MHW eLearning Course (publichealthscotland.scot)
Supporting a mentally healthy workplace: a guide for managers Supporting a mentally healthy workplace : a guide for managers Turas Learn (nhs.scot) <p>Knowledge and skills required by ‘non-specialist’ front line staff working in health, social care, wider public and other services. These workers are likely to have direct and/or substantial contact with people who may be at risk of mental ill health, self-harm or suicide, meaning that they have an important contribution to make in mental health improvement and self-harm and suicide prevention.</p> Skilled level resources Turas Learn (nhs.scot)
Supporting Staff Attendance (e-learning) SSA - Course Page (publichealthscotland.scot)
Stress in the Workplace (e-learning) Stress in the workplace (publichealthscotland.scot)
Home Working Information Common risks for home workers - Healthy Working Lives
Health at Work (e-learning) PHS Learning: All courses (publichealthscotland.scot)
National learning network for employers <p>Find out how you can join the Supporting mentally healthy workplaces: national learning network for employers.</p> National learning network for employers (healthyworkinglives.scot)

Sexual Health & Blood Borne Viruses - Further Information and e-learning

The TURAS platform hosts a suite of applications designed to support the health and social care workforce in Scotland. The Learn application hosts many training programmes and learning resources to support good practice and career development.

To make full use of the resources available on Learn you will need to have a TURAS account. All Agenda for Change staff in Scotland will have accounts created for them as part of their recruitment with the NHS.

Staff from other organisations can register for a free TURAS account via the [TURAS Learn Homepage](#).

This [short video](#) shows you how to register.

TURAS - Blood Borne Viruses

- Blood borne viruses: some important basic facts - [Search Results | Turas | Learn \(nhs.scot\)](#)
- HIV PrEP wider workforce 2020 slides: [HIV PrEP wider workforce 2020 slides | Turas | Learn \(nhs.scot\)](#)
HIV continues to be a major public health challenge for Scotland. PrEP is an effective HIV prevention intervention which uses anti-retroviral drugs to protect individuals most at risk from acquiring HIV through sexual transmission.
- HIV information and awareness for staff - [Search Results | Turas | Learn \(nhs.scot\)](#)
This page provides access to range of training and presentations covering staff briefings, testing and diagnosis of HIV, epidemiology etc

TURAS - Associated Topic Areas

- **Trauma Informed Practice - [Search Results](#) | [Turas](#) | [Learn \(nhs.scot\)](#)**
This page provides access to a range of modules and training exploring trauma informed practice from a general awareness to more role specific information and guidance.
- **Motivational Interviewing - [Search Results](#) | [Turas](#) | [Learn \(nhs.scot\)](#)**
This is a selection of modules which provides progressive learning on Motivational Interviewing, including the foundations of MI practice and strategic elements.
- **Cognitive Behavioural Therapy (CBT) - [Search Results](#) | [Turas](#) | [Learn \(nhs.scot\)](#)** CBT theory and practical videos.
- **Child Protection - [Search Results](#) | [Turas](#) | [Learn \(nhs.scot\)](#)**
This page provides access to a range of child protection modules and training including information about childhood sexual abuse and childhood trauma.
- **What is gender reassignment discrimination? | [Turas](#) | [Learn \(nhs.scot\)](#)**
This video from the Equality and Human Rights Commission (EHRC) gives an introduction to equality law around gender reassignment discrimination, under Equality Act 2010.
- **Gender-Based Violence | [Turas](#) | [Learn \(nhs.scot\)](#)**
This page hosts learning resources on gender-based violence (GBV). It is suitable for a range of healthcare professionals, and includes eLearning modules Domestic Abuse and Coercive Control.
- **What is sexual orientation discrimination? | [Turas](#) | [Learn \(nhs.scot\)](#)**
This video from the Equality and Human Rights Commission (EHRC) gives an introduction to equality law around sexual orientation discrimination, under the Equality Act 2010.
- **Sexual orientation - [Sexual orientation](#) | [Turas](#) | [Learn \(nhs.scot\)](#)**
On this page you will find resources relating to sexual orientation, one of the protected characteristics under the Equality Act 2010
- **[HIV: Preventable and Treatable](#)**
Do you know about the current HIV outbreak in Scotland? Would you like to expand your understanding of HIV and how it is transmitted?
This e-learning course will increase your knowledge of HIV prevention and treatment. You will also learn about the current HIV outbreak in Scotland among people who inject drugs.
- **[Hepatitis B in Scotland](#)**
Did you know that Hepatitis B affects 9,000 people in Scotland? Do you know what Hepatitis B is? Do you know how it is passed from person to person?
This course is full of information about what acute and chronic Hep B is, who is at risk of infection, and importantly, who should be getting tested.

- **Contraception information for people who use drugs**

If you use drugs and/or support people who use drugs and want to know what different methods of contraception are available, then this e-learning course has been designed for you.

In this course, our trusted experts have presented different methods of contraception in an easy-to-understand way so that you can identify which methods are long-acting and reversible.

- **Hepatitis C and New Treatments**

Do you know what Hepatitis C is? Do you know about the new Hep C treatments?

This course is packed full of information about what Hep C is, the importance of testing, risk factors, different methods of testing, the importance of treatment and the benefits of new treatments.

Scottish Drugs Forum

- **Sex, Drugs & BBVs**

Aim - to increase workers' understanding and knowledge of key issues related HIV, Hepatitis B and Hepatitis C with a particular emphasis on risks associated with drug use and sexual health.

- **HIV and Harm Reduction**

Aim - to increase workers' understanding and knowledge of key issues related HIV, with a particular emphasis on risks associated with drug use and sexual health.

Organisations

LGBT+ Training

Scottish Trans Alliance

Scottish Trans Alliance works to improve gender identity and gender reassignment equality, rights and inclusion in Scotland.

They provide short presentations, interactive one hour workshops, and half day or full day structured training events. They can create innovative bespoke training packages on request. Please complete the training enquiry form below and the training officer will respond to you by email.

Training - Scottish Trans Alliance

LGBT Youth Scotland

LGBT General Awareness training is included in the LGBT Charter programme. Schools who undertake the Charter at Gold level can also access Supporting Trans Young People training.

The LGBT Charter is a programme that supports schools to become more LGBT inclusive and focuses on several areas of work across the school community. The programme requires schools to meet a series of standards and LGBT Youth provides support, advice and training.

[LGBT Youth Scotland | LGBT Youth Scotland](#)

Equality Network

The Equality Network has a great deal of experience in providing training of the highest quality on a wide variety of lesbian, gay, bisexual and transgender (LGBT) equality issues to both the public, voluntary and private sectors. They have particular expertise in intersectional training.

[Training and Support — Equality Network \(equality-network.org\)](#)

[lgbteducation.scot](#)

The one stop platform for teachers to access quality approved materials, resources, and professional learning linked to Scotland's Curriculum to support the implementation of LGBT Inclusive Education.

The two stage national professional learning [Delivering LGBT Inclusive Education](#) has been provided by The Scottish Government, and should be completed by Primary and Secondary school teachers in Scotland.

[LGBT Inclusive Education | National Platform \(lgbteducation.scot\)](#)

TIE

TIE are currently delivering the two stage *Delivering LGBT Inclusive Education* professional learning on behalf of The Scottish Government, as part of the national rollout of LGBT Inclusive Education in schools. Information about each stage of this course is available below. This is a free professional learning course for teachers in Scotland.

[CPD for Teachers — Time for Inclusive Education \(TIE\)](#)

Stonewall Scotland

Training courses and opportunities – online learning

Stonewall Scotland deliver training, produce resources and develop membership programmes to empower teachers and education professionals to tackle homophobia, biphobia and transphobia in schools and colleges.

[Training courses and opportunities | Scotland \(stonewallscotland.org.uk\)](https://stonewallscotland.org.uk)

Resources

Publications

- **[HIV: What Workers Need To Know](#)**
- **[Injecting Equipment Provision in Scotland - Good Practice Guidance](#)**
- **[Sexual Health and Blood Borne Viruses - Learning Needs Report](#)**
- **[Understanding the Sexual Health and Blood Borne Virus Risk Behaviours of Defined 'At Risk' Groups to Inform a Service Training Programme](#)**
- **[HIV in Glasgow - Responding to an Outbreak - SDF Bulletin for World AIDS Day 2018](#)**