

NHS Forth Valley



**The National Cleft Surgical Service  
for Scotland**

# **Forth Valley Cleft Multidisciplinary Audit Clinic**

**Patient Information Leaflet**



## What is a Cleft Multidisciplinary Clinic?

Care for children with a cleft often involves input from different specialities and this is sometimes referred to as multidisciplinary (MD) care. A multidisciplinary clinic is an appointment where you will see more than one speciality at the same visit. Routine cleft MD clinics in Forth Valley happen usually at 5, 7, 10 and 15 years of age. However, there may be some variation to these timings as the stage of development is more important than the age of the child.

## What will happen on the day?

The appointment can take a couple of hours as you will be seeing a number of different people. You will move between rooms within the Orthodontic department in Out-patients and someone will guide you through this. You are more than welcome to bring a snack and book or device/ games console as you may have waiting time between seeing different specialities.

## Who will I see on the day?

Specialities at the clinic may include orthodontics, paediatric dentistry, speech and language therapy and clinical psychology. Depending on the type of cleft you have or your age, you may not need to see every speciality. You may also be asked to have some photographs taken or be sent for an X-ray.

## Who can attend with the child?

It is helpful to have support as there can be lots of new information to take on board. However, as the clinic can be busy, where possible we would advise keeping the number of people with the child to a minimum.

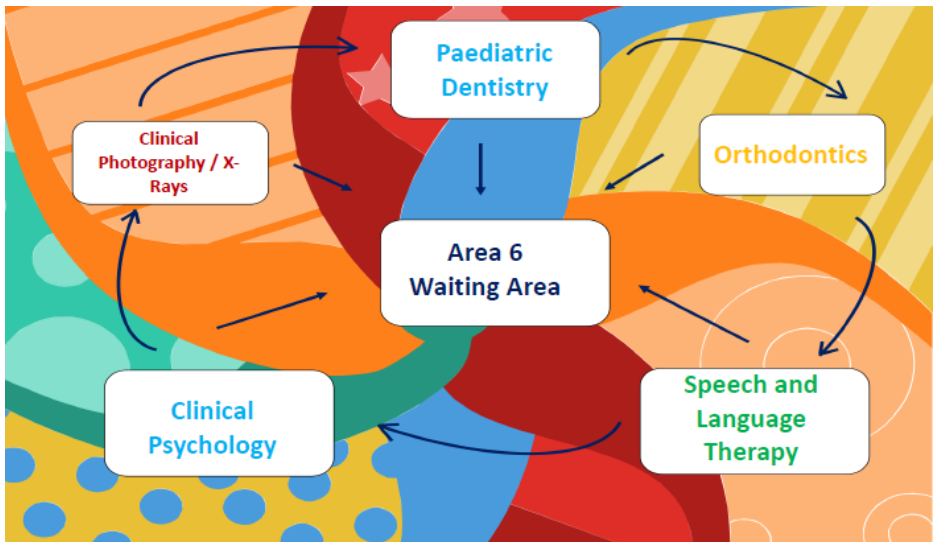
## What happens after the clinic?

After the clinic, the information is shared with other members of the cleft team. The clinicians may liaise with local teams in Forth Valley or Glasgow. You may be referred for follow-up by another speciality or they may simply review you at a future MD clinic.

### Additional useful information can be found at:

<https://www.cleftcare.scot.nhs.uk/>

<https://nhsforthvalley.com/health-services/az-of-services/orthodontics/>



## Contact

If you would like any more information regarding the Cleft MD Clinic, please get in contact with the Orthodontic Department at Forth Valley Royal Hospital on **01324 566437**.

We are happy to consider requests for this publication in other languages or formats such as large print. Please call 01324 590886 (9-5) to arrange this or email [fv.disabilitydepartment@nhs.scot](mailto:fv.disabilitydepartment@nhs.scot)

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### Smoking is not permitted anywhere on our hospital grounds!

It is now an offence to smoke **within 15 metres** of a hospital building. This can result in a fixed penalty notice of £50 or a fine of up to £1,000.

### If you can't go let us know!

Every month around 2,000 people across Forth Valley fail to turn up for hospital appointments. This costs the NHS millions of pounds each year and increases waiting times. So, if you are unable to attend or no longer require your hospital appointment **please let us know** so we can offer it to someone else.