



## Fruit Crumble Cups



### You will need

- Tin opener
- Spoon
- Knife
- Small bowl or cup
- Colander or small sieve
- Chopping board or plate

### Ingredients

- Small can or half a can of fruit tinned in natural juice e.g. pears, peaches, pineapples
- Pot of Greek style natural yoghurt
- Plain, low sugar cereal e.g. cornflakes, puffed rice, wholegrain wheat flakes or multigrain shapes...

### How to make:

- Drain the tinned fruit and chop the fruit into small chunks.
- Spoon into the bottom of a bowl or cup.
- On top of the fruit, add a spoon of yoghurt to cover the fruit layer.
- Sprinkle cereal over the yoghurt.
- Repeat the layers, if desired.

**These are best eaten straight away.**

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low cost recipes**

