

How to...Grow Peas

You'll Need : Peat Free Compost, Containers - can reuse pots,
Plastic Tub, Seeds, Water and Labels.



1 You will need seeds, compost, container, plastic tub, labels and water.



2 Fill $\frac{3}{4}$ of your container or tub with compost.



3 Take a few seeds and place on top of compost. Cover with a little more compost.



4 Water until it runs out of the bottom. Label the container with the date and produce.



5 Place container into a tray and put on a warm windowsill away from direct sunlight.



6 Regular small amounts of water from below helps to build strong roots.



7 When 6cm in height you can transfer to outside pots or beds.



8 Use sticks or canes to support your peas. Harvest when pods are firm but with a little give.



9 Harvest all before Winter and store peas in the freezer to make them last.