

How to... Grow Tomatoes

Peat Free Compost, Containers - can reuse pots,

Plastic Tray - with no holes in the bottom, Cardboard Tubes,

Seeds, Plastic Bag, Water and Labels.



1 Collect equipment: compost, seeds, plastic bag & containers. Fill tubes with compost and place in plastic tray.



2 Half fill the tubes with compost. Take a pinch of seeds and sprinkle a couple into each



3 Cover each tube with a little more compost and give them a good watering.



4 Label your container with name & date. Pop the container into a plastic bag with no holes.



5 When seedlings have appeared remove bag. Place on sunny windowsill.



6 Transfer each seedling into a bigger pot when they reach 6/8cm tall. Keep watered.



7 Transfer again to a bigger pot/ growbag when they reach 15cm. Place in sunny spot.



8 Pinch off growth from the 4/5th branch from the bottom. Tie up to canes & water regularly.



9 Pinch off side shoots & bottom leaves to allow tomatoes to ripen. Harvest regularly.