

Travelling with Pumps and Continuous Glucose monitors (CGM)

If you require a travel letter please email fv.diabetespumpserv@nhs.scot and this can be emailed or posted to you.

For all general information on travelling with diabetes and or CGM and pumps, Diabetes UK has useful information including the following:

- What to pack in hand luggage
- Flying with CGM, insulin pump or Freestyle Libre
- Crossing time zones
- Looking after diabetes in hot and cold climates

Click on this link below:

[Travelling with diabetes | Managing your diabetes | Diabetes UK](#)

Below you will find useful links specific to each pump and CGM for getting through airport security and for travelling.

Omnipod

[Traveling with Omnipod®: Tips for Type 1 Diabetes UK](#)

Tandem T slim x2

[Traveling with an insulin pump from Tandem Diabetes Care – Support](#)

Ypsopump

[YPU_FAS_Traveling-Card_MSTR-CA-en.indd \(mylife-diabetescare.com\)](#)

Medtronic

[Traveling with an Insulin Pump | Medtronic \(medtronicdiabetes.com\)](#)

Dexcom information

[How to Go through Airport Security and Fly with Dexcom CGM | Dexcom](#)

Libre 2 and 3

[Travelling With Your FreeStyle Libre System | FreeStyle Libre AU](#)

