

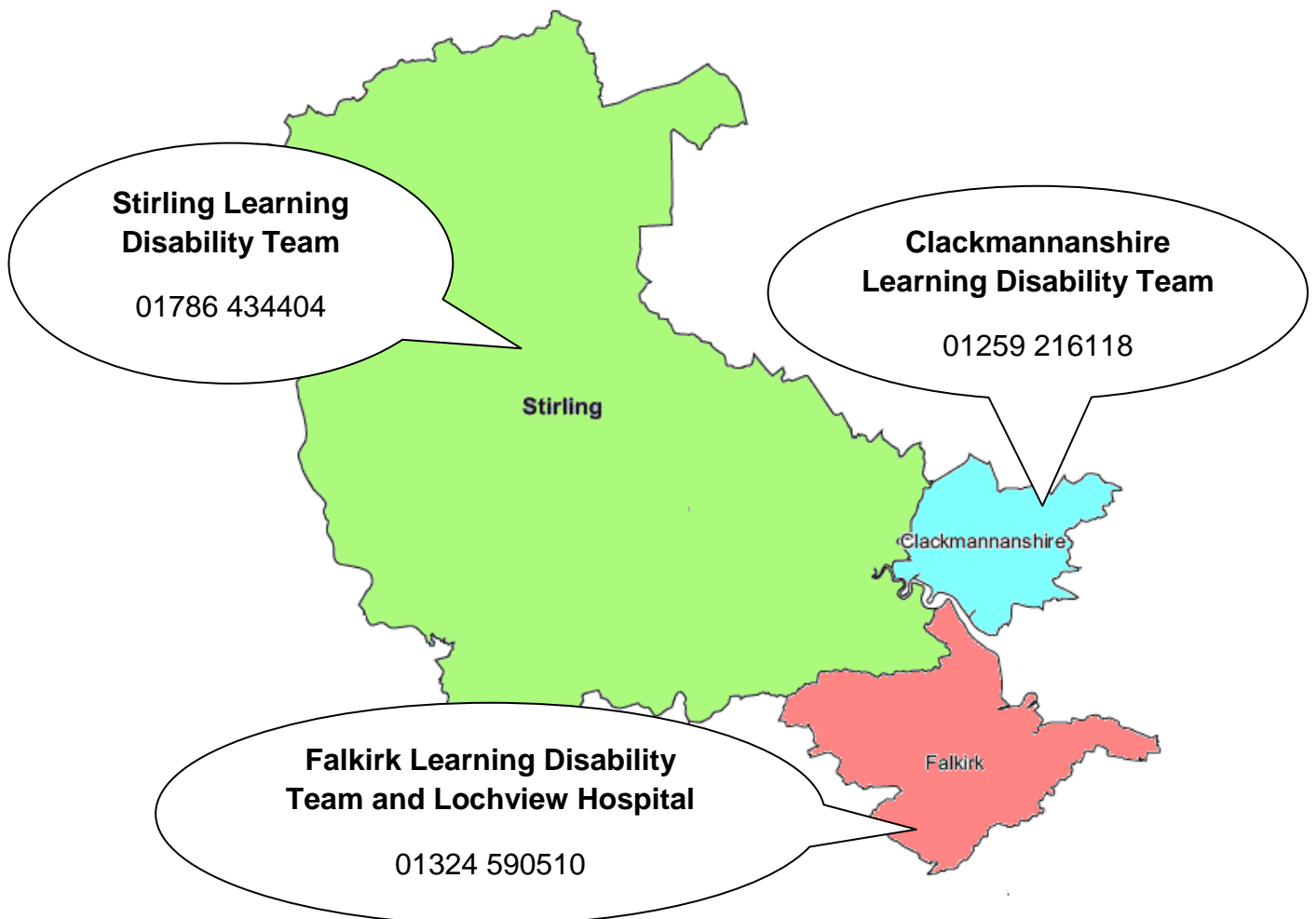
# Speech and Language Therapy

## Adult Learning Disability



## Where we are

There are 3 learning disability teams in NHS Forth Valley.



## Who we support



We support adults who have a diagnosis of a learning disability.

An adult can be someone who is over 18 and has left school, but we often get to know people before they leave school.

The person should be living in Forth Valley.

## What we aim to do



We work in Community Learning Disability Teams with our health and social care colleagues. This includes Nursing, Social Work, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Art Therapies and Dietetics.

Our aims link to the National Health and Wellbeing outcomes.



Adults with a learning disability are able to communicate to their potential.



Adults with a learning disability can eat and drink as safely and enjoyably as possible.

## How do we make these aims happen?



- Training for different groups of people.
- Eating, drinking and swallowing assessments and treatment plans.
- Communication assessments and support. This could include alternative communication, transition support, support to capacity decisions or advice on best approaches.

## How long does Speech and Language Therapy last?



People with learning disabilities may always have communication or eating and drinking support needs.

It might take a short or a long time to achieve our aims.

When the aim has been achieved, we will usually discharge the person from Speech and Language Therapy.



Adults with a learning disability often come back to Speech and Language Therapy at different times in their lives.

## Advice Line



We run an Advice Line for general, non-urgent help and support. This may include:

- Advice on a communication approach
- Advice about eating, drinking and swallowing difficulties or support
- Discussing team training needs

You can call 01259 290501 or email [fv.aldslt@nhs.scot](mailto:fv.aldslt@nhs.scot) for Advice Line queries.

## How to make a referral or find out more information



Anyone can make a referral to Speech and Language Therapy.

You can speak to someone from this team by calling the phone numbers on the area map, or emailing us on [fv.aldslt@nhs.scot](mailto:fv.aldslt@nhs.scot)

If you would like this information in another language or format such as large print or Braille, please use the contact details below:

Email: [fv.nhsfv-alternativeformats@nhs.scot](mailto:fv.nhsfv-alternativeformats@nhs.scot)