

3M

Cavilon™

Skin Care Solutions

**3M™ Cavilon™ Advanced Skin Protectant
application guide.**

for prevention and management of Moisture Associated Skin Damage (MASD)



How to apply 3M™ Cavilon™ Advanced Skin Protectant.

for prevention and management of
Moisture Associated Skin Damage (MASD)

Supplies needed:

- ▶ pH balanced cleanser or plain water
- ▶ Non-linting soft cloths
- ▶ 3M™ Cavilon™ Advanced Skin Protectant
- ▶ Exam gloves

Prepare the supplies



1 Set up your supplies on a clean surface.



2 Open the package of Cavilon™ Advanced skin protectant and leave the applicator in the plastic pouch.



Position and cleanse the patient



3 Position the patient (expose the skin for cleansing, but keep the patient covered as much as possible for warmth and dignity).



4 Cleanse skin thoroughly and gently using a pH balanced cleanser or plain water,* gently dry areas of intact skin as needed. If areas of erosion (denudement) are present, excess serous or sero-sanguinous drainage may be blotted with a gauze pad if necessary.

Change gloves



5 Change your gloves.



3M™ Cavilon™ Advanced Skin Protectant 5050G

2.7ml = A4 piece of paper
applicator approx. coverage



3M™ Cavilon™ Advanced Skin Protectant 5051G

0.7ml = Area of a postcard
applicator approx. coverage

More than one applicator may be used if required to cover larger areas.

Refer to the Cavilon™ Advanced skin protectant product insert for additional information regarding contraindications, precautions and warnings.

*Do not use Cavilon™ Advanced skin protectant in combination with any products containing a barrier (eg. dimethicone)

Applying 3M™ Cavilon™ Advanced Skin Protectant



6 Grasp the applicator and place your thumb at the end of the lever.

Aim the applicator sponge downward and firmly depress the lever to break the internal ampule.

You will hear a snapping or popping noise when the ampule breaks; it is not necessary to continue to press the lever.



7 Keep the applicator pointed in a downward position for approximately **10 seconds** to allow fluid into the foam sponge. The fluid flows by gravity so you don't need to maintain pressure on the lever.

Fluid will not completely saturate the sponge to the edges.



8 Apply Cavilon™ Advanced skin protectant by gently wiping the foam sponge across the affected area and surrounding skin. Use an even, sweeping motion with minimal overlap of product. The applicator may be used in any direction.

There is no need to push down on the applicator during application. Additional pressure is not needed and can result in excessive wetness or pooling of fluid.



9 Continue application until the entire area to be treated has been covered. It is important to apply the product to all skin that is exposed to moisture such as faeces and/or urine.



10 Allow the area to dry for at least **30 seconds** or until touch dry. If an area is missed, wait until the fluid has dried completely before applying additional product.



11 If Cavilon™ Advanced skin protectant is applied within a skin fold or other area of skin-to-skin contact, make sure that the skin surfaces are separated to allow the fluid to dry completely touch dry before allowing skin to return to the normal position.

Additional information



Reapply the product 2 times per week. Cavilon™ Advanced skin protectant is waterproof and is *not* removed by routine cleansing. More frequent application may result in build-up of the product.

Please note that 30 seconds is the minimal drying time recommendation. Drying time can be different for every patient/resident depending on skin type, the severity and the cause of skin breakdown. Drying time can range from 30 seconds and in some cases can take up to 5 minutes or longer. Please ensure that you allow the right amount of drying time and the skin is 'touch dry'. For example, this is particularly important if the patient/resident is wearing a nappy or incontinence pad.

The film will wear off and does not require removal. In the event you do want to remove the product, use an adhesive remover that contains hexamethyldisiloxane (HMDS) or silicone polymer.

It's advisable to use an adhesive remover containing HMDS or silicone polymer anytime you remove an adhesive dressing or tape from an area that has been covered with Cavilon™ Advanced skin protectant.

Discover how 3M™ Cavilon™ Advanced Skin Protectant can give you the power to stop, reverse, prevent – and help end – MASD.

For more information, visit www.3M.co.uk/cavilon or contact your local sales representative.

Ordering information

3M™ Cavilon™ Advanced Skin Protectant

3M code	Description	Items/box
5050G4P	2.7ml Foam applicator (sterile)	4
5050G	2.7ml Foam applicator (sterile)	20
5051G	0.7ml Foam applicator (sterile)	20



To find out more and where to order contact 3M



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