

Alloa	The Gate Charity	2 Ludgate FK10 1DS, Alloa	Tuesday Thursday	12:00 – 13:00	Soup, sandwich, and drink	Referral
Balfroon	Balfroon Church	Balfroon Church of Scotland, The Clachan, Balfroon, G63 0NY	Thursday	12:00 – 14:00 In the Church rooms	Lunch Club	£4
Bannockburn	Bannockburn Community Hub	Bannockburn Community Enterprise Hub, 25 Quakerfield, Bannockburn, FK7 8JA	Friday	9:00 – 12:00	Biscuits, tea, and coffee (CAB Adviser on site)	Referral Warmhub – open to all
Bonnybridge	ROOTS HHFS Foodbank, Happy Mondays – Bonnybridge Community Centre	Unit 6, Foundry Road, Bonnybridge, FK4 2AP	Monday	11:00 – 12:00	Soup, sandwiches, cakes	Free (has a donation box)
Braehead	Food Bank run by Heart of Braehead and Stirling North Parish church which	70 Springfield Rd FK77QW	Tuesday	18:30 – 19:00	Food Bank	Free
Braehead	The Hub	70 Springfield Rd FK77QW	Friday	11:00 – 14:30	A soup/sandwich type lunch	Free
Braehead	Coffee Pot Café at Stirling North Parish Church	70 Springfield Rd FK77QW	Wednesday	10:00 – 12:00	Hot drinks	Free (has a donation box)
Braehead	Toastie Tuesday	70 Springfield Rd FK77QW	Tuesday	15:00 – 17:00	Toasties	Free
Bridge of Allan	Tea's Company	Honeyman Hall at Bridge of Allan Parish Church	Monday	14:00 – 16:00	Community group for those want to chat, make new friends, feeling lonely or isolated. Free cake and tea. Members play	Free

					bingo, hold quizzes, singalongs and have theme days	
Bridge of Allan	St Saviour's Episcopal Church	21 Fountain Rd, FK9 4AT	Wednesday	11:00 – 15:00	Soup, hot drinks, and conversations	Free
Buchlyvie	Buchlyvie Community Hub and Foodbank Startup Stirling	Buchlyvie and Gartmore Church	Thursdays	12:30 – 14:30		
Callander	Callander Community Hub	South Church Street, Callander, FK17 8BN	Wednesday	12.30 – 2:30	Soup and sandwich (CAB Adviser on site)	Referral for foodbank Warmhub – open to all
Cambusbarron	Community Hub Bruce Memorial Church Hall	St Ninians Road, Cambusbarron, Stirling, FK7 9NU	Wednesday	13:30 -15:30	bowl of soup and a roll followed by tea/coffee and biscuits/cake afterwards	Free
Cornton	The Larder	Achray Drive, FK9 5QY	Tuesday	10:30 – 12:00	Community Foodbank	Free
Denny	Denny Community Support Group	26/28 Bridge Crescent Denny FK6 6PD	Thursday Friday	16:00 – 17:00 10:00 – 12:00	Food pantry	£3
Denny	Dunipace Parish Church – Toastie Tuesday	175 Stirling Street, Denny	Tuesday	12:00 – 14:00	Toasties & Hot Drinks	Free
Fallin	Grub Hub Community Food	Alpha Community Centre, Lamont Crescent, Fallin, Stirling, FK7 7EJ	Thursday (Not every week)	18:30 – 20:30	A hot meal or just tea/coffee and cake or biscuits.	Fallin Community Voice Facebook page is updated regularly with when these will run.
Falkirk	Falkirk Foodbank	Unit 1 Tamfourhill Industrial Estate, Tamfourhill Avenue, Falkirk, FK1 4RT	Monday Tuesday Thursday Friday	09:00 – 15:00	Food bank	Referral

Killin	Killin Sports Pavilion	Main Street, Killin, FK21 8UW	Thursday	12:30 – 2:30	Soup, sandwich, and hot drink. (CAB Adviser on site)	Referral Warmhub – open to all
Plean	Plean's Voice	Balfour Centre, Pleanbank Farmhouse, Plean, Stirling, FK7 8BB	Monday	12:30 – 14:00	Soup and Sandwiches	Free
Raploch	Inspiring Communities	Raploch Community Campus, Drip Rd, Stirling FK8 1RD	Friday	11:30 – 12:30	Soup and Social	Free
Stenhousemuir	KLSB	38 King St, Stenhousemuir, Larbert, FK5 4HE	Friday Saturday	11:00 – 12:45	Pantry	£2.50 (online application form)
Thornhill	Brew and Blether	Community Hall, Back Loan, Thornhill, Stirling FK8 3QB	Monday Friday	14:00 – 16:00	Tea, Coffee and biscuits	Free