



About Me

My name is:

I like to be called:

My birthday is:

I live at :

My phone number is:

My NHS Number is:

My GP is:

My type of Stoma is:



End ileostomy
● Large bowel (colon)
● Ileostomy
● Rectum
● Anus



End colostomy
● Large bowel (colon)
● Colostomy
● Rectum
● Anus



Ileostomy

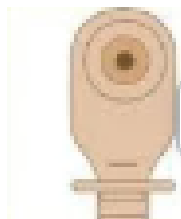
Colostomy

Urostomy

My type of stoma bag is:



Closed



Drainable



Urostomy

What matters to me

I live with:

My main carer is:

How I like to communicate:

My Stoma Care Specialist Nurse is:

Date of this information:

Any allergies:

	Colostomy	Ileostomy	Urostomy
Appearance of stoma	Flush or slightly raised	Spouted- 2cm	Spouted
Position	Left sided	Right sided	Right sided
Output	Faecal	Faecal	Faecal
Consistency	Soft formed	Thick porridge	Water
Approximate 24 hr	1-2 actions a day	500-700mls	1.5-2lites
How often to empty	1-2 times a day	4-5 times a day	6-8 times a day
Type of bag	Closed	Drainable	Drainable with tap
Frequency of bag	1-2 days	1-3 days	1-3 days